



## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### ANNVILLE-CLEONA (36)

**Track: 17 Field: 19 Relay: 5**

Kendall Cooper, 2024 2A 100m (12.42)

2024 2A 4x100 relay (49.18)

Miracle Hershey, Jada Morales

Sophia Caporaletti, Kendall Cooper

2024 2A 4x400 relay (4:08.23)

Sophia Caporaletti, Jada Morales

Miracle Hershey, Kendall Cooper

2024 2A 4x800 relay (9:56.03)

Megan Brophy, Addison Sanchez

Emily Maag, Mackenzie Stellmach

Kayla Long, 2019 2A pole vault (11-0)

Reagan Hess, 2017 2A 100m (11.92)

Reagan Hess, 2017 2A 200 (25.09)

Kayla Long, 2017 2A pole vault (10-6)

Reagan Hess, 2017 2A long jump (18-8 ¼)

Reagan Hess, 2016 2A 100m (12.09)

Reagan Hess, 2016 2A 200 (25.49)

Reagan Hess, 2016 2A long jump (18-6)

Reagan Hess, 2014 2A 100m (12.56)

Sidni Peiffer, 2014 2A high jump (5-3)

Reagan Hess, 2014 2A long jump (18-0 ¾)

Avree Wright, 2014 2A shot (39-4 ¾)

Alex Siebecker, 2013 2A high jump (5-0)

Avree Wright, 2013 2A shot (37-1 ¼)

Alena Gardyan, 2012 2A 300H (46.13)

Tricia Light, 2011 2A 100H (16.51)

Harlee Staller, 2010 2A long jump (17-11¼)

Courtney Ebersole, 1996 2A 3200 (11:10.6)

Angie Fies, 1990 2A high jump (5-4)

Paula Light, 1989 2A long jump (17-4½)

Leslie Hummer, 1987 2A 100m (12.2)

Leslie Hummer, 1987 2A long jump (17-11)

Leslie Hummer, 1987 2A triple jump (37-2½)

1986 2A 4x100 relay (50.5)

Dawn Nagle, Leslie Hummer,

Melanie Bow, Sue Wolfe

Leslie Hummer, 1986 2A long jump (17-10¼)

Leslie Hummer, 1985 2A 100m (11.9)

1985 2A 4x100 relay-co (52.3)

Dawn Nagle, Leslie Hummer,

Melanie Bow, Sue Wolfe

Leslie Hummer, 1985 2A long jump (17-6¾)

Leslie Hummer, 1985 2A triple jump (37-5½)

Leslie Hummer, 1984 2A long jump (16-11½)

Sue Wolfe, 1983 2A 200 (26.31)

Amy Steiner, 1979 2A javelin (124-1)

### BERKS CATHOLIC (3)

**Track: 0 Field: 3 Relay: 0**

Keeley Suzenski, 2019 2A shot (43-6 ¾)

Keeley Suzenski, 2019 3A discus (138-3)

Keeley Suzenski, 2018 3A shot (43-8)

### BERKS CHRISTIAN (3)

**Track: 3 Field: 0 Relay: 0**

Joy Santos, 2009 2A 100m (12.98)

Joy Santos, 2009 2A 200 (26.35)

Joy Santos, 2009 2A 400 (59.01)

### BERMUDIAN SPRINGS (29)

**Track: 6 Field: 23 Relay: 0**

Lilyana Carlson, 2024 100H (15.18)

Lilyana Carlson, 2024 2A pole vault (13-0)

Alison Watts, 2024 2A triple jump (35-9 3/4)

Alison Watts, 2023 2A high jump (5-0)

Lily Carlson, 2022 2A pole vault (11-0)

Alison Watts, 2022 2A triple jump (36-10)

Lilly LaBure, 2022 2A 100H (15.83)

Lilly LaBure, 2021 2A 100H (16.30)

Alison Watts, 2021 2A long jump (16-8 ¾)

Alison Watts, 2021 2A triple jump (36-10 ½)

Kayla Pyles, 2019 2A 100H (15.32)

Kayla Pyles, 2018 2A 100H (15.64)

Rachel Spangler, 2018 2A high jump (5-2)

Elana Keller, 2013 2A 100H (16.35)

Rachael Kotula, 2010 2A javelin (132-2)

Georgia Williams, 2009 2A pole vault (10-9)

Georgia Williams, 2009 2A triple jump (36-5¼)

Rachael Kotula, 2009 2A shot (35-5¼)

Rachael Kotula, 2009 2A javelin (126-1)

Georgia Williams, 2008 2A pole vault (10-9)

Krystal Baker, 2008 2A triple jump (37-1½)

Krystal Baker, 2007 2A triple jump (35-10½)

Krystal Baker, 2006 2A pole vault (10-6)

Krystal Baker, 2006 2A triple jump (36-4½)

Shannon Holtzinger, 2000 2A triple jump (36-3)

Shannon Holtzinger, 1999 2A long jump (16-11¼)

Brooke Paxton, 1996 2A javelin (128-8)

Brooke Paxton, 1995 2A javelin (137-8)

Jaquelin Basehore, 1990 2A triple jump (34-1½)

### BIG SPRING (4)

**Track: 4 Field: 0 Relay: 0**

Lara Crofford, 2007 3A 3200 (10:31.44)

Lara Crofford, 2006 3A 3200 (10.49.94)

Amanda Raudabaugh, 2005 3A 800 (2:15.88)

Connie Snyder, 1982 2A 800 (2:20.64)

### BIGLERVILLE (11)

**Track: 5 Field: 6 Relay: 1**

Faith Redding, 2018 2A 200 (26.03)

Amber Smoker, 2006 2A long jump (16-5¼)

Beth Chinnick, 2001 2A high jump (5-4)

Beth Chinnick, 2000 2A high jump (5-2)

Beth Chinnick, 1999 2A high jump (5-3)

1997 2A 4x400 relay (4:07.7)

Ginger Orndorff, Stephanie Loose,

Erin Bushey, Emily Pitzer

Emily Pitzer, 1996 2A 400 (1:00.0)

Erin Bushey, 1996 2A 800 (2:24.8)

Becky Pitzer, 1992 2A high jump (5-2)

Wendy Lower, 1982 2A 200 (26.73)

Becky Pitzer, 1991 2A triple jump (35-7¾)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### BISHOP McDEVITT (22)

**Track: 15 Field: 7 Relay: 6**

Maddy Brooks, 2022 3A 100H (14.92)  
Maddy Brooks, 2022 3A 300H (45.40)  
Maddy Brooks, 2022 3A long jump (18-3 ¼)  
2021 3A 4x100 relay (48.49)  
Maddy Brooks, Lindsay Husic,  
Vanessa Damone, Jazmine Bennett  
Tesia Kempster, 2015 3A pole vault (12-4)  
Anna Bailey, 2014 2A javelin (131-0)  
Rachel Pitman, 2013 2A 100m (12.98)  
Rachel Pitman, 2013 2A 200 (26.27)  
2013 2A 4x100 relay (50.37)  
Kameko Webb, Kristen Melnyk,  
Imani Crowder, Rachel Pitman  
Anna Bailey, 2013 2A javelin (137-5)  
Kameko Webb, 2012 2A triple jump (36-3)  
Brianna Davis, 2012 2A discus (111-7)  
Yaneshia Gaston, 2011 2A 200 (25.61)  
Yaneshia Gaston, 2011 2A 400 (57.79)  
Amber McCoy, 2011 2A 300H (47.23)  
2011 2A 4x100 relay (50.50)  
Amber McCoy, Kameko Webb,  
Ieisha Jackson, Yaneshia Gaston  
2011 2A 4x400 relay (4:09.71)  
Yaneshia Gaston, Ieisha Jackson,  
Cheyenne Johnson, Brianna Davis  
Kameko Webb, 2011 2A long jump (16-4)  
Yaneshia Gaston, 2010 2A 200 (26.39)  
Yaneshia Gaston, 2010 2A 400 (58.99)  
2010 2A 4x100 relay (49.64)  
Amber McCoy, Kirstin Nanna,  
Megan Dunbar, Yaneshia Gaston  
2010 2A 4x400 relay (4:08.48)  
Kristin Nanna, Olivia Franklin,  
Amber McCoy, Yaneshia Gaston

### BOILING SPRINGS (43)

**Track: 35 Field: 8 Relay: 12**

Anna Chamberlin, 2022 2A 800 (2:18.97)  
Anna Chamberlin, 2022 2A 1600 (5:08.18)  
2022 2A 4x800 relay (9:45.74)  
Haylee Erme, Amanda Delevan,  
Sophia Felix, Anna Chamberlin  
Peyton Ellis, 2021 2A 800 (2:19.74)  
2021 2A 4x400 relay (4:05.71)  
Reagan Eickhoff, Peyton Ellis,  
Kara Dale, Anna Chamberlin  
2021 2A 4x800 relay (9:58.32)  
Anna Chamberlin, Karyn Yocum,  
Sophia Felix, Peyton Ellis  
2016 2A 4x800 relay (9:53.22)  
Darien Kane, Elaina Clancy,  
Kirsten Strayer, Leanne Weaver  
Madison Martin, 2016 2A discus (126-6)  
Leanne Weaver, 2015 2A 1600 (5:23.69)  
2015 2A 4x100 relay (50.00)  
Anna Grove, Shannon Donnelly,  
Abby Martin, Emma Spisak  
Abby Martin, 2015 2A long jump (18-6 ¾)  
Abby Martin, 2015 2A triple jump (37-0 ½)  
Madison Martin, 2015 2A shot (34-3)  
Leanne Weaver, 2014 2A 300H (46.80)  
Abby Martin, 2014 2A triple jump (37-4 ¾)  
Taylor Weiss, 2014 2A discus (130-9)  
Lillie Brown, 2012 2A 800 (2:17.15)  
Meredith Speakman, 2012 2A 1600 (5:04.67)  
Meredith Speakman, 2012 2A 3200 (11:01.57)  
Lillie Brown, 2011 2A 800 (2:17.09)  
2011 2A 4x800 relay (9:29.73)  
Anne Maffey, Amanda Kusztos,  
Emily Dethlefs, Shannon Quinn  
Kellie Dowling, 2009 2A 800 (2:23.42)  
Kara Millhouse, 2008 2A 800 (2:20.99)  
Kara Millhouse, 2008 2A 1600 (5:10.26)  
Kara Millhouse, 2008 2A 3200 (11:13.85)  
2008 2A 4x400 relay (4:05.33)  
Erin Dowling, Kellie Dowling,  
Kara Millhouse, Ally Herr  
2008 2A 4x800 relay (9:52.66)  
Erin Dowling, Nikki Sunderland,  
Kellie Dowling, Krissy Lobaugh  
Kara Millhouse, 2007 2A 3200 (10:39.92)  
Anna Bixler, 2007 2A 300H (46.37)  
2007 2A 4x400 relay (4:04.61)  
Anna Spisak, Anna Bixler,  
Kara Millhouse, Ally Herr  
2007 2A 4x800 relay (9:38.53)  
Kellie Dowling, Celeste Noll,  
Krissy Lobaugh, Kara Millhouse  
Mary Dell, 2006 2A 100m (12.49)  
Mary Dell, 2006 2A 200 (25.11)  
Kara Millhouse, 2006 2A 1600 (5:07.62)  
Kara Millhouse, 2006 2A 3200 (11:13.13)  
Kara Millhouse, 2005 2A 3200 (11:11.22)

### BOILING SPRINGS (cont.)

2005 2A 4x800 relay (9:38.66)  
Celeste Noll, Danielle Marsh,  
Kara Millhouse, Anne Bohlen  
Mary Dell, 2004 2A 100m (12.69)  
Mary Dell, 2004 2A 200 (25.94)  
1999 2A 4x800 relay (9:54.6)  
Becky Corman, Emily Falk,  
Melissa Lentz, Beth Moser  
Laurie Smith, 1983 2A 100H (16.02)  
Sharon Leidy, 1981 2A long jump (17-7)  
Sharon Leidy, 1980 2A long jump (17-5)

### BOYERTOWN (2)

**Track: 2 Field: 0 Relay: 0**

Kristie Moser, 1993 3A 3200 (10:50.4)  
Kristie Moser, 1992 3A 3200 (11:21.20)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### CAMP HILL (35)

**Track: 26 Field: 9 Relay: 7**

Laura Sakol, 2019 2A 1600 (5:21.86)  
Laura Sakol, 2019 2A 3200 (11:36.37)  
2019 2A 4x800 relay (9:50.35)  
Ava Brackett, Patrice Forcey,  
Julia Raich, Kaitlyn Vorkapich  
2017 2A 4x800 relay (10:02.89)  
Allison Einig, Laura Sakol,  
Samantha Smeal, Kaitlyn Vorkapich  
Diamond Bragg, 2016 2A high jump (5-3)  
Leah Springer, 2016 2A javelin (122-6)  
Diamond Bragg, 2015 2A high jump (5-0)  
Zoe Matherne, 2014 2A 1600 (5:03.37)  
Zoe Matherne, 2014 2A 3200 (11:14.23)  
2013 2A 4x800 relay (9:35.59)  
Drew Anderson, Kelsey Bentz,  
Alli Herr, Zoe Matherne  
Ivana Mikulic, 2012 2A shot (36-11 ½)  
Arianna Brown, 2012 2A javelin (117-1)  
1998 2A 4x800 relay (9:49.3)  
Katie Feinour, Kristin Shenk,  
Katieann Green, Liz Shover  
Michele Gilchrist, 1994 2A discus (126-4)  
Patty Herman, 1992 2A 300H (46.3)  
Jennie Abolins, 1987 2A 800 (2:17.3)  
Jennie Abolins, 1986 2A 800 (2:23.4)  
1986 2A 4x400 relay (4:07.5)  
Colleen Neufeld, Jennie Abolins,  
Renee Wagner, Beth Chaundy  
Jennie Abolins, 1985 2A 800 (2:22.7)  
1985 2A 4x100 relay-co (52.3)  
Runners not available  
Sandy Barnhart, 1985 2A high jump (5-5)  
Sandy Barnhart, 1984 2A high jump (5-6)  
Kim Deppen, 1983 2A 1600 (5:14.2)  
Kim Deppen, 1983 2A 3200 (11:15.25)  
Kim Deppen, 1982 2A 1600 (5:15.96)  
Kim Deppen, 1982 2A 3200 (11:14.10)  
Sally Johnson, 1980 2A 800 (2:20.61)  
Betty Lou Bischoff, 1980 2A javelin (123-2)  
1979 2A 4x800 relay (9:41.80)  
Sally Johnson, Teresa Campbell,  
Sue Decker, Terry McKee  
Mary Rawe, 1976 3A 880 (2:15.31)  
Mary Rawe, 1976 3A mile (4:58.9)  
Mary Rawe, 1975 3A 880 (2:19.59)  
Mary Rawe, 1975 3A mile (5:06.43)  
Mary Rawe, 1974 3A 880 (2:21.93)  
Mary Rawe, 1974 3A mile (5:30.67)

### CARLISLE (43)

**Track: 30 Field: 13 Relay: 12**

Rhyan Mitchell, 2022 3A triple jump (37-7 ¾)  
Alyssa Dyson, 2021 3A 100H (15.29)  
Maddie Kole, 2016 3A 800 (2:14.69)  
Kathleen McPhillips, 2011 3A pole vault (12-1)  
Rose Roesler, 2011 3A long jump (18-1¼)  
Kathleen McPhillips, 2011 3A triple jump (37-7¼)  
Ashley Corum, 2010 3A long jump (17-10)  
Ashley Corum, 2010 3A triple jump (40-0 ½)  
Ashley Corum, 2009 3A triple jump (37-7¼)  
Ashley Corum, 2008 3A triple jump (38-6)  
Kacey James, 2007 3A javelin (138-2)  
Ashley Hodge, 2004 3A 100m (12.23)  
Ashley Hodge, 2004 3A 200 (25.53)  
Ashley Hodge, 2004 3A 400 (55.40)  
Jennifer Mitchell, 1993 3A 800 (2:16.8)  
Jennifer Mitchell, 1993 3A 1600 (5:01.9)  
1993 3A 4x800 relay (9:32.7)  
Phelicia Goshea, Katie Mitchell,  
Paige Novier, Jennifer Mitchell  
Tasha Palmer, 1992 3A 100H (14.6)  
Tasha Palmer, 1992 3A triple jump (37-2¾)  
Nakia Williams, 1992 3A 300H (45.5)  
Lisa Davis, 1990 3A 800 (2:18.8)  
Lisa Davis, 1989 3A 800 (2:17.3)  
Tessie Palmer, 1988 3A high jump (5-6)  
Tessie Palmer, 1988 3A triple jump (38-2)  
Tessie Palmer, 1987 3A 100H (15.0)  
Tessie Palmer, 1987 3A triple jump (38-2¾)  
Stefanie Caradine, 1986 3A 200 (25.3)  
Stefanie Caradine, 1986 3A 400 (57.7)  
1986 3A 4x100 relay (49.0)  
Deb Ellis, Stacey Reed,  
Tessie Palmer, Stefanie Caradine  
1986 3A 4x400 relay (4:01.5)  
Deb Ellis, Kathy Majesic,  
Stacey Reed, Stefanie Caradine  
Alison Smith, 1985 3A 800 (2:19.5)  
1985 3A 4x400 relay (4:05.9)  
Stacey Reed, Martha Henseler,  
Alison Smith, Stefanie Caradine  
1985 3A 4x800 relay (9:39.6)  
Martha Henseler, Eva Smith  
Stefanie Caradine, Alison Smith  
Alison Smith, 1984 3A 800 (2:16.6)  
1984 3A 4x800 relay (9:41.3)  
Martha Henseler, Melissa Chronister,  
Terri Leshner, Alison Smith  
Karen Johnson, 1983 3A 200 (25.91)  
1983 3A 4x100 relay (49.81)  
Stacey Thomas, Patti Johns,  
Stacey Reed, Patti Johns  
1982 3A 4x100 relay (49.76)  
Kris James, Stephanie Smallwood,  
Stacy Owens, Karen Johnson

### CARLISLE (cont.)

1982 3A 4x400 relay (4:03.83)  
Kris James, Stacy Owens,  
Karen Johnson, Stephanie Smallwood  
1981 3A 4x800 relay (9:39.82)  
Nancy Line, Deanne Pellici,  
Karen Henseler, Julie Bowers  
Joann Zierdt, 1980 3A 800 (2:16.84)  
1980 3A 4x800 relay (9:34.75)  
Julie Bowers, Jill Roper,  
Karen Henseler, Joann Zierdt  
1979 3A 4x800 relay (9:38.28)  
Julie Bowers, Carol Brehm,  
Colleen Goodman, Joann Zierdt

### CEDAR CLIFF (14)

**Track: 12 Field: 2 Relay: 4**

Grace Gillespie, 2017 3A 100m (12.10)  
Grace Gillespie, 2016 3A 100m (12.35)  
2013 3A 4x400 relay (3:56.99)  
Nicole Boldosser, Amanda Lawrence,  
Taylor Chapman, Kaitlin Gould  
Olivia Loy, 2010 3A pole vault (11-3)  
2006 3A 4x100 relay (49.43)  
Karyn Boyer, Beth Getty,  
Kelly Allred, Laura McGowan  
Kassie Meholic, 2005 3A 3200 (11:05.79)  
2005 3A 4x100 relay (49.36)  
Karyn Boyer, Beth Getty,  
Kelly Allred, Laura McGowan  
Christine Bare, 1999 3A 3200 (11:20.3)  
Christy Hartman, 1995 3A 3200 (11:23.8)  
Christy Hartman, 1994 3A 3200 (11:28.7)  
Vicki Stum, 1988 3A 1600 (5:08.0)  
Vicki Stum, 1988 3A 3200 (11:21.6)  
Kim Minnix, 1984 3A javelin (129-1)  
1976 3A 880 relay (1:47.74)  
Ann Penwell, Joanne Natale,  
Marianne Tezak, Mary Colteryahn





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### **CEDAR CREST (12)**

**Track: 8 Field: 4 Relay: 2**

Kaddel Howard, 2024 3A 400 (54.93)  
2024 3A 4x800 relay (9:20.29)  
Eliana Schneider, Audrey Fugate  
Lizzie Lowe, Kaddel Howard  
Eliana Schneider, 2024 3A javelin (149-11)  
Kaddel Howard, 2023 3A 400 (54.68)  
Ariel Jones, 2017 3A high jump (5-4)  
Becky Eisenhauer, 2003 3A shot (38-7¼)  
Alyssa Kilgore, 2001 3A javelin (131-7)  
2000 3A 4x100 relay (49.79)  
Nikki Simmons, Esther Schlegel,  
Meredith Myers, Tawny Youtz  
Wendy Nelson, 1987 3A 1600 (5:02.3)  
Wendy Nelson, 1987 3A 3200 (11:10.4)  
Wendy Nelson, 1986 3A 1600 (4:59.2)  
Wendy Nelson, 1986 3A 3200 (11:16.5)

### **CENTRAL CATHOLIC (3)**

**Track: 2 Field: 1 Relay: 0**

Meghan Riley, 2010 2A triple jump (36-4¾)  
Caitlin Deeble, 1999 2A 3200 (11:35.2)  
Erin McNeil, 1994 2A 800 (2:23.6)

### **CENTRAL DAUPHIN (11)**

**Track: 1 Field: 10 Relay: 0**

Taye Dairo, 2018 3A high jump (5-6)  
Gabriella Recce, 2018 3A long jump (17-6)  
Anna Muzio, 2008 3A shot (40-7½)  
Sotonye Imadojemu, 2004 3A triple jump (37-5½)  
Jessyca Jackson, 2002 3A pole vault (10-9)  
Mary Magness, 2002 3A shot (38-10)  
Sara Shoaff, 2001 3A 100m (12.29)  
Jennifer Harris, 2000 3A long jump (17-7)  
Pat Millman, 1982 3A javelin (146-7)  
Linda Millman, 1976 3A discus (121-2)  
Linda Millman, 1976 3A javelin (127-4)

### **CENTRAL DAUPHIN EAST (35)**

**Track: 27 Field: 8 Relay: 7**

Deme'shia Davis, 2012 3A 100m (12.03)  
Deme'shia Davis, 2012 3A 200 (24.26)  
2012 3A 4x100 relay (47.58)  
Bria Mosley, Sidine Jennings,  
Courtney Mitchell, Deme'shia Davis  
2012 3A 4x400 relay (3:56.95)  
Bria Mosley, Sidine Jennings,  
Andrea Street, Deme'shia Davis  
Deme'shia Davis, 2011 3A 200 (24.79)  
2011 3A 4x100 relay (48.23)  
Bria Mosley, Sidine Jennings,  
Courtney Mitchell, Deme'shia Davis  
Marissa McDonald, 2009 3A 100m (12.63)  
2009 3A 4x100 relay (48.87)  
Keri Primas, Deme'shia Davis,  
Maria McDonald, Marissa McDonald  
Marissa McDonald, 2009 3A long jump (18-3¼)  
Marissa McDonald, 2008 3A long jump (18-5½)  
Marissa McDonald, 2007 3A long jump (17-11)  
Aaliyah Saunders, 2006 3A 200 (25.69)  
Tiera Smith, 2005 3A 200 (25.19)  
Tiera Smith, 2005 3A 400 (57.71)  
2005 3A 4x400 relay (3:59.73)  
Aaliyah Saunders, Lhayana Dallas,  
Andrea Moon, Tiera Smith  
Hyleas Fountain, 2000 3A 100m (12.02)  
Hyleas Fountain, 2000 3A 200 (24.42)  
Hyleas Fountain, 2000 3A 100H (13.87)  
Hyleas Fountain, 2000 3A high jump (5-6)  
Hyleas Fountain, 1999 3A 100m (12.0)  
Hyleas Fountain, 1999 3A 200 (24.5)  
Hyleas Fountain, 1999 3A high jump (5-5)  
Hyleas Fountain, 1998 3A 100m (12.0)  
Hyleas Fountain, 1998 3A high jump (5-8)  
Julia Fountain, 1997 3A 100H (15.3)  
1997 3A 4x100 relay (49.0)  
Veronica Moore, Julia Fountain,  
Danielle Martin, Hyleas Fountain  
Lynn Henry, 1983 3A high jump (5-4)  
Kim Davis, 1983 3A long jump (16-9)  
Angel Doyle, 1976 3A 100y (10.97)  
Angel Doyle, 1976 3A 220 (24.7)  
Angel Doyle, 1975 3A 100y (11.0)  
Angel Doyle, 1975 3A 220 (24.99)  
1975 3A 440-yard relay (50.41)  
Vicki Doyle, Angel Doyle,  
Verna Bryant, Sherry Spence  
Angel Doyle, 1974 3A 100y (10.91)  
Angel Doyle, 1974 3A 220 (24.66)

### **CENTRAL YORK (8)**

**Track: 4 Field: 4 Relay: 0**

Megan Lundy, 2012 3A 400 (55.64)  
Brianna Fells, 2011 3A 400 (59.02)  
Laura Phillips, 2003 3A long jump (17-8)  
Laura Carroll, 1978 3A 440 (56.34)  
Laura Carroll, 1978 3A long jump (18-3½)  
Laura Carroll, 1977 3A 440 (57.22)  
Laura Carroll, 1977 3A long jump (18-3¾)  
Laura Carroll, 1977 3A triple jump (38-11)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### CHAMBERSBURG (33)

**Track: 18 Field: 15 Relay: 3**

Camryn Kiser, 2023 3A 3200 (10:44.50)  
Marshay Ryan, 2013 3A long jump (19-3 ¾)  
Marshay Ryan, 2013 3A triple jump (40-9 ¾)  
Marshay Ryan, 2012 3A long jump (18-9 ½)  
Marshay Ryan, 2012 3A triple jump (39-8 ½)  
Jessica Whitmore, 2011 3A 100m (12.23)  
Hope Rogers, 2011 3A discus (123-8)  
Jessica Whitmore, 2010 3A 100m (12.38)  
Jessica Whitmore, 2010 3A 200 (25.38)  
Anyssa Barbour, 2008 3A 100m (12.41)  
Anyssa Barbour, 2008 3A 200 (25.60)  
Anyssa Barbour, 2007 3A 100m (12.16)  
Anyssa Barbour, 2006 3A 100m (12.12)  
Lorraine Hill, 2006 3A javelin (140-6)  
Sarah Morrison, 2005 3A 1600 (5:05.60)  
Tunisia Lacy, 2001 3A long jump (16-9 ½)  
Tunisia Lacy, 2001 3A triple jump (36-6 ¼)  
Beth Armstrong, 2000 3A 1600 (5:07.89)  
1999 3A 4x800 relay (9:31.0)  
Crystal Hess, Kelly Baker,  
Erin Redding, Beth Armstrong  
Heather Robertson, 1998 3A triple jump (35-8 ¾)  
Marvarine Campbell, 1997 3A javelin (135-3)  
Angie Rideout, 1996 3A triple jump (36-11 ½)  
Marvarine Campbell, 1995 3A javelin (123-9)  
Angie Rideout, 1994 3A high jump (5-4)  
Rachelle Pecovsky, 1993 3A shot (39-1 ½)  
Becki Davis, 1992 3A 400 (59.4)  
1990 3A 4x400 relay (4:00.8)  
Tammy McClanahan, Juli Ann Hopkins,  
Beth Muehl, Becki Davis  
Linda George, 1986 3A long jump (17-11 ½)  
Sandy Bartle, 1982 3A 300H (46.28)  
1978 3A mile relay (4:02.94)  
Staci Tolbert, Charena Shaffer,  
Chrystal Frye, Cynthia Hires  
Debbie Keyser, 1977 3A 880 (2:20.79)  
Rosalie Nordquist, 1977 3A mile (5:15.9)  
Angie Bell, 1977 3A two-mile (11:25.65)

### COCALICO (11)

**Track: 3 Field: 8 Relay: 0**

Mackenzie Hainley, 2018 3A javelin (140-5)  
Emily Stauffer, 2016 3A shot (46-10 ¼)  
Emily Stauffer, 2016 3A discus (132-3)  
Emily Stauffer, 2015 3A shot (43-7)  
Emily Stauffer, 2013 3A shot (40-7 ½)  
Marianne Gockley, 1994 2A high jump (5-2)  
Jenny Snyder, 1991 2A shot (35-7)  
Vicki Boyer, 1990 2A 3200 (11:36.2)  
Vicki Boyer, 1989 2A 3200 (11:55.32)  
Vicki Boyer, 1988 2A 3200 (11:35.1)  
Dianne Ferrari, 1988 2A shot (42-1 ¼)

### COLUMBIA (4)

**Track: 2 Field: 2 Relay: 0**

Joleen Wakefield, 2017 2A javelin (111-6)  
Jordan Haberstroh, 2015 2A 3200 (11:42.44)  
Katie Skelley, 2005 2A 1600 (5:08.97)  
Abby Smith, 2004 2A javelin (130-4)

### CONESTOGA VALLEY (8)

**Track: 7 Field: 1 Relay: 1**

2024 3A 4x400 relay (3:56.83)  
Isabella Johnson, Alondra Montijo-Ortiz  
Mae Linder, Nyeoni Johnson  
Jane Livingston, 2019 3A 100H (13.66)  
Jane Livingston, 2019 3A 300H (42.58)  
Jane Livingston, 2018 3A 100H (14.26)  
Kirsten Bass, 2012 3A 100H (14.72)  
Lauren Mable, 2002 3A 100m (12.25)  
Leahn Agnew, 1993 3A high jump (5-3)  
Jane Cartabiano, 1975 3A 80H (11.22)

### CONRAD WEISER (3)

**Track: 2 Field: 1 Relay: 0**

Davita Johnson, 2002 3A javelin (129-11)  
Patti Kelber, 1983 2A 400 (58.91)  
Patti Kelber, 1982 2A 400 (58.96)

### CUMBERLAND VALLEY (28)

**Track: 24 Field: 4 Relay: 9**

Ashley Pines, 2023 3A 800 (2:13.46)  
2022 3A 4x100 relay (48.31)  
Ashley Ross, Riley Ebersole,  
Quincey Robertson, Mia Boardman  
2022 3A 4x400 relay (3:52.33)  
Cora Heilman, Ashley Pines,  
Mia Boardman, Riley Ebersole  
2021 3A 4x400 relay (3:56.90)  
Sydney Manns, Ashley Pines,  
Mia Boardman, Riley Ebersole  
Taylor Jede, 2018 3A 300H (44.00)  
Mady Clahane, 2016 3A 3200 (10:24.83)  
Mady Clahane, 2015 3A 1600 (4:58.54)  
Mady Clahane, 2015 3A 3200 (10:41.52)  
Mady Clahane, 2014 3A 3200 (11:03.1)  
Mady Clahane, 2013 3A 3200 (10:55.87)  
Leigha Anderson, 2011 3A 3200 (10:59.84)  
Abby Huber, 2007 3A 800 (2:14.52)  
2007 3A 4x800 relay (9:33.65)  
Lauren Thompson, Samantha Fickel  
Paige Anderson, Abby Huber  
2006 3A 4x800 relay (9:26.30)  
Sarah Frenette, Paige Anderson,  
Abby Huber, Lauren Thompson  
Kristen Jones, 2005 3A 300H (45.05)  
2005 3A 4x800 relay (9:18.68)  
Sarah Frenette, Lauren Reilly,  
Samantha Fickel, Abby Huber  
Jen Gray, 2004 3A 800 (2:15.95)  
Kristen Jones, 2004 3A 300H (45.01)  
2004 3A 4x400 relay (4:01.74)  
Sarah Frenette, Jessie Lowry,  
Abby Huber, Jen Gray  
2004 3A 4x800 relay (9:34.11)  
Olivia Ackerman, Lauren Reilly,  
Abby Huber, Jen Gray  
Nicole Erby, 2003 3A 1600 (5:06.16)  
2003 3A 4x800 relay (9:31.21)  
Jen Gray, Allison Simons,  
Melissa Huang, Nicole Erby  
Stacey Geyer, 1997 3A high jump (5-4)  
Jen Schreckengaust, 1991 3A 800 (2:20.1)  
Lotte Eschen, 1988 3A 800 (2:18.7)  
Jenny Ziegelmeier, 1984 3A discus (116-3)  
Lisa Batcheler, 1983 3A shot (38-7)  
Lisa Batcheler, 1982 3A shot (38-0 ½)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### DALLASTOWN (12)

**Track: 6 Field: 6 Relay: 1**

Riyana Owens, 2018 3A 100m (12.00)  
Riyana Owens, 2018 3A 200 (24.64)  
Margo Britton, 2011 3A shot (42-4¼)  
Jamie Maloney, 2006 3A 300H (15.30)  
Megan Sulewski, 1999 3A 100H (14.6)  
Sarah Ryan, 1996 3A long jump (18-3½)  
Julie Sweitzer, 1994 3A 1600 (5:10.2)  
Jen Garman, 1993 3A long jump (17-5½)  
Jen Garman, 1993 3A javelin (137-6)  
Beth Borchelt, 1987 3A high jump (5-7)  
1984 3A 4x400 relay (4:02.2)  
Tina Kotek, Wendy Shaffer,  
Missy Sienker, Eve McMenamy  
Tina Kotek, 1984 3A long jump (17-7)

### DANIEL BOONE (4)

**Track: 1 Field: 3 Relay: 1**

Hannah Cassner, 2022 3A javelin (130-5)  
Steph Sievers, 2014 3A javelin (131-10)  
Steph Sievers, 2013 3A javelin (131-3)  
2008 3A 4x100 relay (49.62)  
Dayna Singletary, Mia Rhodes,  
Alyse Lewis, Aubrie McAlpine

### DAYSRING CHRISTIAN ACADEMY (1)

**Track: 0 Field: 1 Relay: 0**

Alexia Green, 2023 2A discus (109-8)

### DELONE CATHOLIC (24)

**Track: 17 Field: 7 Relay: 5**

Maddie Clabaugh, 2019 2A 800 (2:21.83)  
2019 2A 4x100 relay (49.26)  
Maddie Clabaugh, Brooke Lawyer,  
Danielle Malesky, Julianna Malesky  
Maddie Sieg, 2019 2A javelin (123-8)  
2018 2A 4x100 relay (50.48)  
Julia Whiteleather, Brooke Lawyer,  
Julianna Malesky, Danielle Malesky  
2018 2A 4x400 relay (4:08.42)  
Maddie Clabaugh, Sophie Gilbert,  
Brooke Lawyer, Leanne Sneeringer  
2018 2A 4x800 relay (9:51.59)  
Maddie Clabaugh, Sophie Gilbert,  
Becky Hernandez, Leanne Sneeringer  
Brooke Lawyer, 2018 2A 100m (12.44)  
Maddie Clabaugh, 2018 2A 400 (1:00.59)  
Leanne Sneeringer, 2018 2A 800 (2:21.96)  
Julianna Malesky, 2017 2A high jump (5-0)  
Stormie Hibshman, 2011 2A javelin (129-4)  
Sierra Moore, 2010 2A 100m (13.06)  
Mariah Robertson, 2010 2A 100H (15.78)  
Janice Erbe, 2010 2A 300H (46.06)  
Mariah Robertson, 2009 2A 100H (15.87)  
Janice Erbe, 2009 2A 300H (45.72)  
2009 2A 4x100 relay (50.70)  
Mariah Robertson, Heather Kraus,  
Janice Erbe, Sierra Moore  
Mariah Robertson, 2009 2A long jump (17-1½)  
Arielle Placke, 2007 2A pole vault (10-9)  
Arielle Placke, 2007 2A long jump (16-5¾)  
Maggie Borden, 2003 2A 400 (57.56)  
Maggie Borden, 2002 2A 400 (57.38)  
Maggie Borden, 2001 3A 400 (58.77)  
Sarah Gates, 1998 2A javelin (133-4)

### DONEGAL (18)

**Track: 5 Field: 13 Relay: 1**

Taylor Nissly, 2019 3A 400 (55.63)  
Kelsey Buffenmyer, 2005 2A high jump (5-5)  
Kelsey Buffenmyer, 2005 2A long jump (18-1)  
Lisa Weeks, 2004 2A shot (37-1)  
Kelsey Buffenmyer, 2003 2A high jump (5-4)  
Steph Derr, 1992 2A javelin (128-4)  
Steph Derr, 1991 2A javelin (133-0)  
1985 2A 4x400 relay (4:15.5)  
Heidi Woglemuth, Tammy Shelly,  
Jonanna Hedgepeth, Joy Wansley  
Amy Westerman, 1984 2A discus (128-3)  
Amy Westerman, 1984 2A javelin (141-9)  
Amy Westerman, 1983 2A discus (119-10)  
Amy Westerman, 1983 2A javelin (148-4)  
Betsey Marley, 1982 2A 100m (12.50)  
Amy Westerman, 1982 2A javelin (127-11)  
Beth Gainer, 1981 2A 1600 (5:14.75)  
Beth Gainer, 1981 2A 3200 (11:35.45)  
Pamela Kolp, 1978 2A javelin (128-10)  
Pamela Kolp, 1977 2A javelin (116-1)

### DOVER (12)

**Track: 10 Field: 2 Relay: 6**

Laure Rowlands, 2010 3A high jump (5-4)  
Wendy Hutchinson, 2008 3A 800 (2:15.61)  
2008 3A 4x400 relay (3:56.85)  
Kaila Funk, Wendy Hutchinson,  
Sasha Hornock, Eryn Spangler  
Claudia Thomas, 1985 3A 100H (14.9)  
1985 3A 4x100 relay (49.5)  
Kelly Bosserman, Kelly Kemper,  
Cio Thomas, Renee Killinger  
Kelly Bosserman, 1985 3A long jump (17-3½)  
1984 3A 4x100 relay (49.6)  
Claudia Thomas, Kelly Kemper,  
Kelly Bosserman, Renne Killinger  
Molly Jones, 1982 3A 800 (2:18.0)  
Molly Jones, 1981 2A 800 (2:20.54)  
1981 2A 4x400 relay (4:07.51)  
Joyce Ruppert, Sue Pickerell,  
Deb Kohler, Molly Jones  
1981 2A 4x800 relay (9:56.19)  
Joyce Rupert, Cheryl Irwin,  
Sue Pickerell, Molly Jones  
1980 2A 4x800 relay (9:53.10)  
Sharon Anderson, Jill Sellers,  
Sue Pickerell, Molly Jones





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### EAST JUNIATA (24)

**Track: 0 Field: 24 Relay: 0**

Jamie Nace, 2001 2A long jump (17-2)  
Heather Colyer, 1998 2A shot (47-10)  
Heather Colyer, 1998 2A discus (158-6)  
Heather Colyer, 1997 2A shot (46-10½)  
Heather Colyer, 1997 2A discus (158-0)  
Bobbie Conrad, 1997 2A javelin (123-1)  
Heather Colyer, 1996 2A shot (42-1)  
Heather Colyer, 1996 2A discus (151-0)  
Heather Colyer, 1995 2A shot (43-6)  
Heather Colyer, 1995 2A discus (139-8)  
Kim Sellers, 1993 2A shot (40-6¼)  
Kim Sellers, 1993 2A discus (127-9)  
Kim Sellers, 1992 2A shot (39-10½)  
Kim Sellers, 1992 2A discus (125-6)  
Beth Conrad, 1991 2A discus (119-7)  
Beth Conrad, 1990 2A javelin (127-9)  
Beth Conrad, 1989 2A javelin (130-10)  
Wanda Ferster, 1988 2A discus (152-8)  
Wanda Ferster, 1987 2A shot (40-9½)  
Wanda Ferster, 1987 2A discus (125-3)  
Wanda Ferster, 1987 2A javelin (141-0)  
Wanda Ferster, 1986 2A discus (119-9)  
Eileen Truitt, 1980 2A triple jump (35-8)  
Mandy Truitt, 1979 2A triple jump (36-3½)

### EAST PENNSBORO (9)

**Track: 5 Field: 4 Relay: 2**

Paige Ritter, 2016 3A pole vault (12-3)  
Meghan Breski, 2009 3A pole vault (12-0)  
Liz Brandler, 2004 3A pole vault (10-6)  
Shelle Roush, 1991 2A 400 (1:00.3)  
Jody Shuler, 1989 2A shot (36-10)  
Theresa Kauffman, 1979 2A 800 (2:18.20)  
1979 2A 4x400 relay (4:07.98)  
Kerry Haertsch, Sharon McMillen,  
Donna Barton, Theresa Kauffman  
Theresa Kauffman, 1978 2A 880 (2:17.24)  
1978 2A mile relay (4:06.86)  
Kerry Haertsch, Donna Barton,  
Karen Shutt, Theresa Kauffman

### EASTERN LEBANON COUNTY [ELCO] (6)

**Track: 6 Field: 0 Relay: 1**

Kayleigh Perry, 2010 3A 1600 (5:03.76)  
Kayleigh Perry, 2010 3A 3200 (10:54.84)  
Laura Richenderfer, 1997 2A 100H (16.3)  
Lauren Chatwick, 1997 2A 300H (47.3)  
1996 2A 4x800 relay (10:00.4)  
Kelly Smith, Michelle Rossi,  
Melissa Spittler, Lauren Chatwick  
Jeannine Reback, 1991 2A 800 (2:23.0)

### EASTERN YORK (25)

**Track: 17 Field: 8 Relay: 2**

Taylor Currier, 2018 2A long jump (16-7)  
Taylor Currier, 2018 2A triple jump (35-2)  
Taylor Currier, 2017 2A triple jump (35-0 ¼)  
Ashley Kerr, 2017 2A shot (38-5 ½)  
Ashley Kerr, 2017 2A discus (114-5)  
Libby Haas, 2003 3A high jump (5-4)  
Libby Haas, 2002 3A high jump (5-4)  
Tracy Sollenberger, 1990 2A 1600 (5:14.7)  
1990 2A 4x800 relay (9:45.5)  
Laurie Mazur, Kim Sutch,  
Ethel Smith, Tracy Sollenberger  
Emily Grossnickle, 1990 2A discus (137-4)  
Tracy Sollenberger, 1989 2A 1600 (5:16.0)  
1989 2A 4x800 relay (9:45.5)  
Laurie Mazur, Beth Dougherty,  
Ethel Smith, Tracy Sollenberger  
Tracy Sollenberger, 1988 2A 1600 (5:13.0)  
Carena Winters, 1987 2A 1600 (5:11.6)  
Carena Winters, 1987 2A 3200 (11:29.2)  
Carol Forry, 1985 2A 100H (15.2)  
Carol Forry, 1984 2A 100H (15.2)  
Donna McLain, 1980 2A 1600 (5:00.31)  
Donna McLain, 1980 2A 3200 (10:59.00)  
Donna McLain, 1979 2A 1600 (5:01.61)  
Donna McLain, 1979 2A 1600 (11:00.73)  
Donna McLain, 1978 2A mile (5:03.04)  
Donna McLain, 1978 2A two-mile (11:15.05)  
Donna McLain, 1977 2A mile (5:13.5)  
Donna McLain, 1977 2A two-mile (11:38.8)

### ELIZABETHTOWN (6)

**Track: 4 Field: 2 Relay: 1**

2019 3A 4x800 relay (9:21.79)  
Cat Shontz, Madeline Quinn,  
Sierra Kapcos, Katie Locker  
Katie Locker, 2018 3A 800 (2:13.52)  
Sarah Fairbanks, 2012 3A shot (41-8 ½)  
Sarah Fairbanks, 2012 3A discus (128-2)  
Audrey Bamford, 2011 3A 100H (15.05)  
Shannon Daggett, 1994 3A 100H (15.0)

### EPHRATA (10)

**Track: 4 Field: 6 Relay: 0**

Kelly Liebl, 2014 3A 100m (12.49)  
Mary Witmer, 2013 3A 300H (42.11)  
Mary Witmer, 2012 3A 300H (43.80)  
Anne Mielnik, 1996 3A shot (41-5½)  
Anne Mielnik, 1996 3A discus (134-0)  
Anne Mielnik, 1995 3A shot (38-9)  
Anne Mielnik, 1995 3A discus (127-7)  
Anne Mielnik, 1994 3A shot (38-5½)  
Sheila Mellinger, 1979 3A 100m (11.95)  
Judene Fahnstocck, 1977 3A high jump (5-6)

### EXETER TOWNSHIP (3)

**Track: 2 Field: 1 Relay: 1**

Denee Hibbert, 2021 3A long jump (17-6 ¾)  
Jane Strouse, 1977 2A 880 (2:18.93)  
1977 2A mile relay (4:07.46)  
Jane Strause, Mary Jane Kearney,  
Chris Lange, De Dee Kantner

### FAIRFIELD (12)

**Track: 7 Field: 5 Relay: 2**

Ava Deming, 2023 2A 400 (59.29)  
Emma Dennison, 2022 2A 300H (47.11)  
Milly Heinbaugh, 2019 2A 100m (12.46)  
Milly Heinbaugh, 2019 2A 200 (25.48)  
Cierra Phillips, 2018 2A pole vault (10-6)  
2017 2A 4x100 relay (49.93)  
Sarah Heinbaugh, Hannah Logue,  
Amelia Heinbaugh, Cierra Phillips  
2017 2A 4x400 relay (4:10.41)  
Sarah Logue, Lindsey Lyle,  
Hannah Logue, Annabel Anderson  
Morgan Jarrell, 2016 2A shot (35-2)  
Sarah Hunt, 2013 2A triple jump (36-3 ½)  
Sarah Hunt, 2012 2A long jump (16-10 ¼)  
Sarah Hunt, 2011 2A triple jump (35-3½)  
Angie Borne, 1999 2A 300H (46.0)

### FLEETWOOD (11)

**Track: 0 Field: 11 Relay: 0**

Cyre Virgo, 2015 3A long jump (18-3 ½)  
Cyre Virgo, 2014 3A high jump (5-5)  
Cyre Virgo, 2014 3A long jump (18-6)  
Cyre Virgo, 2013 3A high jump (5-7)  
Amanda Hottenstein, 2010 3A shot (41-1½)  
Rachael Bryan, 2004 2A high jump (5-3)  
Brandy Snyder, 1996 2A long jump (17-1¾)  
Jill Henne, 1993 2A high jump (5-4)  
Susan Weidner, 1986 2A javelin (136-7)  
Susan Weidner, 1985 2A javelin (125-8)  
Tina Sheetz, 1983 2A long jump (16-4¼)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### GARDEN SPOT (24)

**Track: 9 Field: 15 Relay: 0**

Liz Martin, 2010 3A 100H (15.32)  
Liz Martin, 2010 3A 300H (44.94)  
Angie Messner, 2009 3A high jump (5-5)  
Kate Defenelmont, 2009 3A discus (131-0)  
Kirsten Andrews, 2003 3A pole vault (11-6)  
Angie Hummer, 2003 3A discus (113-0)  
Kirsten Andrews, 2002 3A long jump (17-4½)  
Eliese Mitchell, 1999 3A shot (45-5 ½)  
Eliese Mitchell, 1999 3A discus (156-11)  
Eliese Mitchell, 1998 3A shot (44-7)  
Eliese Mitchell, 1997 3A shot (42-8)  
Eliese Mitchell, 1997 3A discus (136-10)  
Mindy Ashcroft, 1988 3A 100H (15.1)  
Krista Kunkle, 1987 3A javelin (124-1)  
Justine Spence, 1984 3A 100H (15.4)  
Justine Spence, 1984 3A 300H (44.8)  
Justine Spence, 1983 3A 300H (45.33)  
Kathy Heinbach, 1980 2A 100H (14.86)  
Kerry Keipers, 1975 3A shot (40-9¾)  
Jeanne Parmer, 1975 3A high jump (5-1)  
Sue Shirk, 1975 3A long jump (18-2½)  
Kerry Keipers, 1974 3A shot (38-10¼)  
Ann Rickert, 1974 3A 440 (1:00.13)  
Jamie Palmer, 1974 3A 80H (11.26)

### GETTYSBURG (2)

**Track: 0 Field: 2 Relay: 0**

Karen Bender, 1980 3A long jump (17-7¼)  
Becky Lovett, 1976 3A long jump (17-9½)

### GOVERNOR MIFFLIN (27)

**Track: 15 Field: 12 Relay: 2**

Annika Ermold, 2022 3A shot (39-3 ¾)  
Annika Ermold, 2021 3A shot (40-9 ¼)  
Casie Hain, 2012 3A pole vault (11-6)  
Nicole Moore, 2006 3A high jump (5-4)  
Nikki Stover, 2002 3A 1600 (5:08.84)  
Ruth Chege, 1999 3A 800 (2:16.9)  
Ruth Chege, 1999 3A 1600 (5:11.2)  
Ruth Chege, 1998 3A 1600 (5:10.5)  
Laurena White, 1996 3A 100m (12.3)  
Laurena White, 1996 3A 200 (25.4)  
1996 3A 4x100 relay (49.9)  
Tiffany Sinchick, Anne Stanislawczyk,  
Lakisha Backmon, Laurena White  
Laurena White, 1995 3A 100m (11.7)  
Laurena White, 1995 3A 200 (25.4)  
Anne Stanislawczyk, 1995 3A 300H (45.2)  
1995 3A 4x100 relay (49.6)  
Amy Koch, Anne Stanislawczyk,  
Heather Clapper, Laurena White  
Jenn Comtois, 1993 3A 100H (14.7)  
Jenn Comtois, 1993 3A 300H (44.8)  
Erin DeTurck, 1990 3A high jump (5-3)  
Monica Leffler, 1989 3A 3200 (11:33.22)  
Julie Holland, 1986 3A 100m (12.2)  
Amy Carabello, 1986 3A javelin (127-10)  
Veronica Carter, 1984 3A shot (38-2)  
Natalie Carabello, 1981 3A javelin (121-4)  
Laurie Reinoehl, 1979 3A javelin (117-8)  
Lauren Keefer, 1975 3A discus (113-6)  
Lauren Keefer, 1975 3A javelin (123-3)  
Lauren Keefer, 1974 3A discus (116-0¼)

### GREENCASTLE-ANTRIM (20)

**Track: 12 Field: 8 Relay: 0**

Claire Paci, 2024 3A 1600 (4:55.98)  
Claire Paci, 2024 3A 3200 (10:30.70)  
Claire Paci, 2023 3A 1600 (4:57.46)  
Claire Paci, 2022 3A 3200 (10:38.10)  
Taryn Parks, 2019 3A 800 (2:09.56)  
Taryn Parks, 2017 3A 800 (2:15.71)  
Jenay Faulkner, 2017 3A shot (41-6 ½)  
Katrina Wright, 2010 3A discus (129-9)  
Alicia Thompson, 2001 2A shot (35-8)  
Becky Fitz, 1999 2A triple jump (36-5½)  
Kylene Helman, 1999 2A javelin (135-9)  
Kelli Straussner, 1988 2A high jump (5-6)  
Kelli Straussner, 1987 2A high jump (5-1)  
Tracey Bowers, 1986 2A 1600 (5:10.6)  
Tracey Bowers, 1986 2A 3200 (11:34.2)  
Kelli Straussner, 1986 2A high jump (5-5)  
Tracey Bowers, 1985 2A 1600 (5:13.0)  
Gena Korrell, 1984 2A 800 (2:17.0)  
Tracey Bowers, 1984 2A 1600 (5:07.9)  
Tracey Bowers, 1984 2A 3200 (11:05.4)

### GREENWOOD (33)

**Track: 7 Field: 26 Relay: 2**

Rebekah Brinser, 2024 2A 300H (46.53)  
Leah Ritzman, 2023 2A shot (34-5)  
Amiyah Priebe, 2021 2A 1600 (5:14.98)  
Emma Rolston, 2021 2A high jump (5-0)  
Montanna Paul, 2021 2A javelin (121-4)  
2019 2A 4x400 relay (4:07.92)  
Abrielle Weger, Samantha Schreiber,  
Hailey Womer, Paityn Wirth  
Emma Rolston, 2019 2A high jump (5-2)  
Abigail Taylor, 2019 2A triple jump (35-6 ¼)  
Mallory Kauffman, 2019 2A shot (46-3 ¾)  
Mallory Kauffman, 2019 2A discus (160-3)  
Mallory Kauffman, 2018 2A shot (42-4 ¼)  
Mallory Kauffman, 2018 2A discus (146-10)  
Paityn Wirth, 2017 2A 100H (15.70)  
Paityn Wirth, 2016 2A 300H (46.46)  
Emily Fisher, 2013 2A discus (122-10)  
Emily Griswold, 2011 2A pole vault (10-6)  
Stacey Osmolenski, 2010 2A pole vault (10-9)  
2009 2A 4x800 relay (9:46.92)  
Alyssa Cauffman, Bekah Goodling,  
Kim Campbell, Andi Matter  
Jessica Kratzer, 2005 2A discus (125-3)  
Jessica Kratzer, 2005 2A javelin (126-5)  
Jessica Kratzer, 2004 2A discus (136-8)  
Jessica Kratzer, 2003 2A javelin (117-3)  
Jessica Kratzer, 2002 2A shot (38-7)  
Jessica Kratzer, 2002 2A javelin (124-5)  
Jessica Kratzer, 2002 2A discus (119-5)  
Jody Kratzer, 2000 2A discus (120-1)  
Jody Kratzer, 1999 2A discus (130-2)  
Jen Brofee, 1995 2A high jump (5-3)  
Rhonda Witmer, 1994 2A triple jump (40-3 ¾)  
Rhonda Witmer, 1993 2A long jump (17-2)  
Rhonda Witmer, 1993 2A triple jump (37-0)  
Rhonda Witmer, 1992 2A triple jump (37-4)  
Steph Berger, 1982 2A 300H (46.02)

### HAMBURG (3)

**Track: 3 Field: 0 Relay: 0**

Karlie Heistand, 2011 2A 1600 (5:16.96)  
Adriene Beltz, 2004 3A 1600 (5:01.13)  
Adriene Beltz, 2004 3A 3200 (10:52.18)

### HANOVER (5)

**Track: 2 Field: 3 Relay: 0**

Morgan Herrick, 2012 2A high jump (5-0)  
Leandra Golden, 2003 2A pole vault (11-0)  
Leandra Golden, 2002 2A pole vault (10-3)  
Renee Kaylor, 2001 2A 800 (2:18.88)  
Missy Ming, 2001 2A 100H (15.42)







## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### HARRISBURG (83)

#### Track: 67 Field: 16 Relay: 20

Ericka Jackson, 2023 3A shot (40-4 ½)  
Ericka Jackson, 2023 3A javelin (134-0)  
Ericka Jackson, 2022 3A discus (148-3)  
Kaylia Williams, 2022 3A javelin (146-9)  
Ty'Asia Dansbury, 2017 3A 200 (24.52)  
Ty'Asia Dansbury, 2017 3A 400 (56.97)  
Ty'Asia Dansbury, 2016 3A 400 (47.53)  
Ty'Asia Dansbury, 2015 3A 100m (12.32)  
Ty'Asia Dansbury, 2015 3A 200 (25.10)  
Ty'Asia Dansbury, 2015 3A 400 (55.10)  
Sierra Brabham-Lawrence, 2015 3A 100H (14.25)  
Sierra Brabham-Lawrence, 2013 3A 300H (42.68)  
2015 3A 4x400 relay (3:53.05)  
Shambia McNeil, Jada Thompson,  
Ty'Asia Dansbury, Sierra Brabham-Lawrence  
Sierra Brabham-Lawrence, 2015 3A triple jump (38-7)  
Sierra Brabham-Lawrence, 2014 3A 100H (14.37)  
Sierra Brabham-Lawrence, 2014 3A 300H (42.91)  
2014 3A 4x400 relay (3:57.95)  
Imani Woodyard, Ty'Ansia Dansbury,  
Aliya Daniels, Sierra Brabham-Lawrence  
Sierra Brabham-Lawrence, 2014 3A triple jump (39-9)  
Sierra Brabham-Lawrence, 2013 3A 100H (15.00)  
2010 3A 4x400 relay (3:58.95)  
Saba Battle-Williams, Briana Jones,  
Jeena Potts, Chantel Lloyd  
Alysha Cook, 2009 3A 100H (14.28)  
Alysha Cook, 2009 3A 300H (44.86)  
Nechole Hill-Perry, 2009 3A javelin (133-8)  
Alysha Cook, 2008 3A 400 (56.94)  
Alysha Cook, 2008 3A 100H (15.07)  
Alysha Cook, 2008 3A 300H (43.53)  
Tiera Smith, 2007 3A 200 (25.23)  
Tiera Smith, 2007 3A 400 (57.29)  
Lhayana Dallas, 2007 3A 300H (44.75)  
2007 3A 4x100 relay (48.82)  
Amari Barber, Sheena Thames,  
Jasmine Wills, Tiera Smith  
Lhayana Dallas, 2007 3A high jump (5-4)  
Alysha Cook, 2006 3A 400 (57.33)  
2004 3A 4x100 relay (49.37)  
Anjel Payne, Monique Smith,  
Jasmine Wills, Denise Solomon  
Briana Flagg, 2004 3A shot (43-3)  
Shanai Alexander, 2003 3A triple jump (36-7½)  
Dominique Darden, 2002 3A 200 (24.44)  
Dominique Darden, 2002 3A 400 (56.48)  
Dominique Darden, 2002 3A 100H (14.09)  
Dominique Darden, 2001 3A 200 (24.84)  
Dominique Darden, 2001 3A 400 (55.38)  
Dominique Darden, 2001 3A 100H (14.63)  
2001 3A 4x400 relay (3:56.84)  
Miriam Barnes, Dreamer Patterson,  
Kyrisha Windham, Dominique Darden  
Dominique Darden, 2000 3A 400 (56.02)  
Dominique Darden, 2000 3A 300H (45.74)

### HARRISBURG (cont.)

2000 3A 4x400 relay (3:57.42)  
Bernadette Gray, Dominique Darden,  
Rashonda Darden, Miriam Barnes  
Melanie Carter, 2000 3A triple jump (39-5½)  
Dominique Darden, 1999 3A 400 (56.6)  
1999 3A 4x100 relay (48.7)  
Dreamer Patterson, Tyrah Mosby,  
Bernadette Gray, April Swanson  
1999 3A 4x400 relay (4:01.6)  
Miriam Barnes, Dominique Darden,  
April Swanson, Bernadette Gray  
Brianna Johnson, 1999 3A javelin (161-5)  
Dominique Darden, 1999 3A long jump (17-3¾)  
Melanie Carter, 1999 3A triple jump (37-3¼)  
Tamika Scott, 1998 3A 200 (24.4)  
Tamika Scott, 1998 3A 400 (56.1)  
1998 3A 4x100 relay (47.81)  
Kiki Windham, April Swanson,  
Tammy Davis, Tamika Scott  
1998 3A 4x400 relay (3:57.8)  
Tammy Davis, Michelle Leftridge,  
Miriam Barnes, Tamika Scott  
Brianna Johnson, 1998 3A javelin (145-10)  
Leslie Miller, 1997 3A 100m (12.5)  
Tamika Scott, 1997 3A 200 (26.0)  
Leslie Miller, 1997 3A 400 (57.5)  
1996 3A 4x400 relay (4:05.5)  
Tammy Davis, Kiandra Poteat,  
Tamika Scott, Penda Powell  
1995 3A 4x400 relay (4:03.2)  
Kiandra Poteat, Tamika Scott,  
Penda Powell, Taneya Butts  
Nzinga Poteat, 1994 3A 400 (55.4)  
Sheree Butts, 1991 3A 100H (14.2)  
Sheree Butts, 1991 3A 300H (44.8)  
Sheree Butts, 1990 3A 100H (14.5)  
Sheree Butts, 1990 3A 300H (44.8)  
Sheree Butts, 1989 3A 100H (15.5)  
Christine Hayden, 1989 3A long jump (18-5)  
1987 3A 4x100 relay (50.2)  
LaShonda White, Melissa Crawford,  
Tina Hayden, Jemir Isom  
Lisa Kennedy, 1982 3A 400 (58.14)  
1980 3A 4x100 relay (48.90)  
Jerri Bennett, Lisa Kennedy,  
Kelly Oliver, Gina Johnson  
1980 3A 4x400 relay (3:55.11)  
Lisa Kennedy, Gina Johnson,  
Kelly Oliver, Joyce Maxson  
Blondie Jackson, 1978 3A 100y (10.99)  
Blondie Jackson, 1978 3A 220 (25.05)  
Patti Pierce, 1978 3A 110yH (14.97)  
1978 3A 440-yard relay (47.92)  
Kelly Oliver, Rhonda Ferster,  
Harriet Harbison, Blondie Jackson  
Blondie Jackson, 1977 3A 100y (10.93)  
Blondie Jackson, 1977 3A 220 (24.94)

### HARRISBURG (cont.)

1977 3A 440-yard relay (48.2)  
Kim Corbin, Harriet Harbison,  
Rhonda Ferster, Blondie Jackson  
Veda Rankin, 1976 3A 440 (56.8)  
1976 3A 440-yard relay (48.6)  
Blondie Jackson, Harriet Harbison,  
Chris Reeves, Veda Rankin  
1975 3A 880 relay (1:46.74)  
Sue Brown, Sheridan Ingram,  
Mary Steele, Veda Rankin

### HARRISBURG CHRISTIAN SCHOOL (5)

#### Track: 5 Field: 0 Relay: 0

Nicole Leonzo, 2015 2A 200 (25.76)  
Nicole Leonzo, 2015 2A 400 (58.51)  
Nicole Leonzo, 2014 2A 200 (25.40)  
Nicole Leonzo, 2014 2A 400 (56.16)  
Nicole Leonzo, 2012 2A 400 (58.59)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### HEMPFIELD (31)

**Track: 16 Field: 15 Relay: 7**

Sarah Helgeson, 2014 3A 200 (24.91)  
Sarah Helgeson, 2014 3A 400 (56.74)  
Chrissy Rickert, 2012 3A javelin (128-4)  
Angela Rothmiller, 2009 3A 200 (25.91)  
Korinne Piper, 2009 3A 800 (2:16.53)  
Jessica Porter, 2004 3A discus (128-11)  
Megan Ryan, 2003 3A 100H (14.72)  
Megan Ryan, 2003 3A 300H (44.57)  
2001 3A 4x100 relay (49.60)  
Katie Charles, Megan Ryan,  
Kate Ebersole, Christina Carpenter  
Shadana Patterson, 1994 3A long jump (17-9¾)  
Tammi Stewart, 1993 3A 100m (12.2)  
An'Dionne Smith, 1993 3A discus (114-10)  
Tammi Stewart, 1991 3A 400 (57.2)  
Jodi Heistand, 1989 3A high jump (5-2)  
Jodi Heistand, 1989 3A long jump (17-2¾)  
Jodi Heistand, 1989 3A triple jump (37-3½)  
1987 3A 4x800 relay (9:38.7)  
Traci Fisher, Tammy Sheeshley,  
Shari Scruton, Pam Neiss  
1986 3A 4x800 relay (9:39.0)  
Traci Fisher, Ann Stairs,  
Pam Neiss, Tracy Groff  
Sara May, 1985 3A javelin (119-4)  
Marilyn Senz, 1980 3A shot (43-10)  
Marilyn Senz, 1980 3A discus (130-10)  
Marilyn Senz, 1980 3A javelin (150-0)  
Marilyn Senz, 1979 3A shot (42-5)  
Marilyn Senz, 1979 3A discus (124-5)  
Meryl Schmidt, 1978 3A mile (5:13.53)  
Marilyn Senz, 1978 3A javelin (143-5)  
1977 3A mile relay (4:04.67)  
Diane Groff, Marilyn Senz,  
Meryl Schmidt, Linda Eby  
Carol Miller, 1977 3A javelin (127-1)  
1976 3A 880 medley relay (1:50.44)  
Diane Groff, Sallie Munday,  
Anne Gabriel, Linda Eby  
1975 3A 880 medley relay (1:52.98)  
Sue Strait, Deb Eby,  
Pat Wickenheiser, Marilyn Ott  
1974 3A 880 medley relay (1:51.6)  
JoAnn Harriger, Marilyn Ott,  
Sue Strait, Pat Wickenheiser

### HERSHEY (12)

**Track: 7 Field: 5 Relay: 0**

Libby Nolan, 2013 3A 800 (2:12.52)  
Angie Saterstad, 2003 3A 3200 (10:43.72)  
Angie Saterstad, 2002 3A 3200 (10:56.2)  
Jenn Williams, 1998 3A discus (136-2)  
Jessica Totaro, 1995 3A 800 (2:17.7)  
Jessica Totaro, 1995 3A 1600 (5:13.0)  
Sherri Eyer, 1987 2A 300H (46.5)  
Kathy Krall, 1985 3A shot (38-1¾)  
Nikki Hendricks, 1982 2A 100H (15.24)  
Nikki Hendricks, 1982 2A high jump (5-5)  
Beth Naylor, 1982 2A long jump (17-2¾)  
Beth Naylor, 1982 2A triple jump (37-2)

### HOLY NAME (9)

**Track: 8 Field: 1 Relay: 0**

Rachel Casciano, 2010 2A 800 (2:23.71)  
Rachel Casciano, 2010 2A 1600 (5:21.67)  
Rachel Casciano, 2010 2A 3200 (11:36.69)  
Hillary Monger, 2008 2A 100H (16.01)  
Hillary Monger, 2008 2A 300H (45.59)  
Hillary Monger, 2007 2A 100H (15.21)  
Kelly McElroy, 2005 2A 800 (2:18.50)  
Kelly McElroy, 2004 2A 800 (2:20.89)  
Nicole Ayala, 2004 2A long jump (16-10½)

### JAMES BUCHANAN (4)

**Track: 2 Field: 2 Relay: 1**

2004 2A 4x800 relay (9:50.18)  
Ashleigh Helfrick, Shayna Weir,  
Alissa Pickens, Aileen Martin  
Jessica Snyder, 2004 2A pole vault (9-0)  
Catherine Lewis, 2002 2A 800 (2:21.89)  
Kayla Miller, 2001 2A pole vault (9-0)

### KENNARD DALE (2)

**Track: 0 Field: 2 Relay: 0**

Jennifer Taylor, 1989 2A triple jump (37-11)  
Catherine Heistand, 1979 2A discus (115-3)

### KUTZTOWN (24)

**Track: 16 Field: 8 Relay: 1**

Lauren Akers, 2024 2A javelin (126-11)  
Lauren Akers, 2023 2A javelin (131-1)  
Lauren Akers, 2022 2A javelin (115-0)  
Jocelen Ruth, 2015 3A discus (130-9)  
Jocelen Ruth, 2015 3A javelin (135-6)  
Jocelen Ruth, 2014 3A shot (41-5 ½)  
Emily Miller, 2009 2A 1600 (5:26.74)  
2009 2A 4x400 relay (4:10.70)  
Laura Sohmer, Hannah Jeffrey,  
Kristin Fitti-Hafer, Heather Guest  
Cody Bauman, 2005 2A pole vault (9-6)  
Laura Mohler, 2004 2A 1600 (5:09.50)  
Laura Mohler, 2004 2A 3200 (11:21.22)  
Sheri Calhoun, 1999 2A 100m (12.2)  
Sheri Calhoun, 1999 2A 200 (25.3)  
Sheri Calhoun, 1999 2A 400 (55.39)  
Sheri Calhoun, 1998 2A 100m (12.1)  
Sheri Calhoun, 1998 2A 200 (25.3)  
Sheri Calhoun, 1998 2A 400 (56.8)  
Sheri Calhoun, 1997 2A 100m (12.9)  
Sheri Calhoun, 1997 2A 200 (25.9)  
Sheri Calhoun, 1997 2A 400 (57.2)  
Sheri Calhoun, 1996 2A 100m (12.6)  
Sheri Calhoun, 1996 2A 200 (25.7)  
Sheri Calhoun, 1996 2A 300H (45.8)  
Andrea Borst, 1978 2A discus (104-0)

### LAMPETER STRASBURG (14)

**Track: 8 Field: 6 Relay: 3**

Kristen Herr, 2019 3A javelin (150-5)  
Jenna Witmer, 2008 3A discus (133-7)  
Jenna Witmer, 2006 3A discus (132-2)  
Erin Armstrong, 1993 2A 100H (15.36)  
Amy Kopf, 1990 2A 800 (2:18.7)  
Amy Kopf, 1989 2A 800 (2:20.0)  
1983 2A 4x100 relay (50.57)  
Rose Witmer, Andrea Townsley,  
Tina Herman, Brenda Aument  
Bess Simmons, 1983 2A shot (38-6)  
Carol High, 1981 2A 100m (12.25)  
Carol High, 1981 2A 200 (26.73)  
1981 2A 4x100 relay (50.14)  
Carol High, Tina Herman,  
Monica Gantz, Melanie Basciotti  
1979 2A 4x100 relay (50.30)  
Beth Weaver, Karen Evans,  
Carol High, Melanie Basciotti  
Sarah Gantz, 1979 2A long jump (16-5¼)  
Mary Hoover, 1977 2A discus (105-3)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### LANCASTER CATHOLIC (19)

**Track: 11 Field: 8 Relay: 5**

Margaret Bila, 2024 2A discus (126-7)  
Teresa Moore, 2022 2A high jump (5-2)  
Kiki Jefferson, 2016 2A triple jump (36-9)  
2000 2A 4x800 relay (10:01.27)  
Jessica Wallace, Amy Hanson,  
Dawn Hilgert, Allison Baumer  
Beth Loretz, 1998 2A high jump (5-3)  
Beth Loretz, 1997 2A high jump (5-3)  
Beth Loretz, 1996 3A high jump (5-5)  
Heather Boyd, 1991 3A shot (118-6)  
Laura O'Donnell, 1989 3A 1600 (5:18.6)  
Laura O'Donnell, 1988 2A 800 (2:18.5)  
1988 2A 4x800 relay (9:46.7)  
Laura O'Donnell, Maybeth Dano,  
Lori Land, Kelly Tuinstra  
Sue Graney, 1987 2A 100H (16.1)  
1987 2A 4x400 relay (4:05.6)  
Lydia Wanless, Kim DeMarco,  
Laura O'Donnell, Kelly Tuinstra  
1987 2A 4x800 relay (9:59.4)  
Laura O'Donnell, Maybeth Dano,  
Lori Land, Kelly Tuinstra  
Amy Conti, 1986 3A high jump (5-5)  
Christine O'Donnell, 1985 3A 1600 (5:12.7)  
Christine O'Donnell, 1985 3A 3200 (11:21.7)  
Christine O'Donnell, 1984 3A 3200 (11:17.3)  
1983 3A 4x800 relay (9:28.02)  
Stephanie Hyson, Michelle Hessinger,  
Mechelle Brown, Terry Smith

### LANCASTER MENNONITE (4)

**Track: 4 Field: 0 Relay: 0**

Lindsey Kreider, 2012 2A 100m (12.69)  
Lindsey Kreider, 2012 2A 200 (26.09)  
Lindsey Shertzer, 2007 2A 1600 (5:08.18)  
Lindsey Shertzer, 2006 3A 1600 (5:04.57)

### LEBANON (5)

**Track: 3 Field: 2 Relay: 0**

Zariyah Whigham, 2024 3A triple jump (37-10)  
Erin Winters, 2014 3A pole vault (12-0)  
Jessica Lentz, 1998 3A 800 (2:17.0)  
Jessica Lentz, 1997 3A 800 (2:18.7)  
Jessica Lentz, 1996 3A 800 (2:18.1)

### LITITZ CHRISTIAN SCHOOL (1)

**Track: 1 Field: 0 Relay: 0**

Rachel Jordan, 2011 2A 100m (12.94)

### LITTLESTOWN (6)

**Track: 3 Field: 3 Relay: 1**

Bre Smith, 2015 2A discus (109-5)  
Alyssa Reichart, 2010 2A high jump (5-2)  
Allie Logue, 2007 2A shot (38-1½)  
Rachael Moxley, 2004 2A 400 (57.97)  
Tracey Glass, 1992 2A 100H (15.4)  
1983 2A 4x400 relay (4:08.03)  
Christy Smith, Lori Chrismer,  
Cathy Donnel, Sarah Dady

### LOWER DAUPHIN (13)

**Track: 8 Field: 5 Relay: 0**

Karina Long, 2018 3A triple jump (38-3 ¼)  
Karina Long, 2017 3A long jump (19-0 ¼)  
Karina Long, 2017 3A triple jump (37-11 ¼)  
Karina Long, 2016 3A long jump (17-10 ¼)  
Jenna Flickinger, 2012 3A 3200 (11:05.75)  
Allison Brown, 2002 3A 300H (44.87)  
Chris Quimby, 1991 3A 3200 (11:12.01)  
Amy Broadwater, 1991 3A triple jump (36-11½)  
Chris Quimby, 1990 3A 3200 (11:18.7)  
Michelle Mattson, 1984 3A 1600 (5:09.0)  
Michelle Mattson, 1983 3A 800 (2:17.7)  
Michelle Mattson, 1982 3A 1600 (5:10.50)  
Judy Cassel, 1979 3A 800 (2:17.33)

### MANHEIM CENTRAL (11)

**Track: 5 Field: 6 Relay: 4**

Laci Nelson, 2024 3A shot (38-8¾)  
Joan Ginder, 1992 3A 800 (2:20.5)  
1988 3A 4x400 relay (3:59.7)  
Tammi Hessen, Alison Heisey,  
Andrea Ebersole, Audrey Ebersole  
1988 3A 4x800 relay (9:31.3)  
Andrea Ebersole, Cassie Herr,  
Tammi Hessen, Carena Winters  
1982 2A 4x800 relay (9:47.55)  
Heather Munro, Katie Becker,  
Michelle Gible, Dawn Bomberger  
Diane Jones, 1981 2A triple jump (36-2½)  
Diane Jones, 1981 2A triple jump (36-2½)  
Beverly Paine, 1980 3A triple jump (38-2)  
Cheryl Yohn, 1978 3A discus (113-1)  
1977 3A 880 medley relay (1:49.98)  
Linda Jackson, Mary Forney,  
Leslie Unger, JoAnn Walker  
Pat Nauman, 1977 3A discus (118-0)

### MANHEIM TOWNSHIP (22)

**Track: 16 Field: 6 Relay: 5**

Sydney Horn, 2019 3A pole vault (12-6)  
Mackenzie Horn, 2018 3A pole vault (13-7¼)  
Meredith Newman, 2015 3A 800 (2:13.84)  
Meredith Newman, 2014 3A 800 (2:12.48)  
2002 3A 4x800 relay (9:25.49)  
Mallory Weiss, Laura Werner,  
Renee Spangler, Lindsey Incorvati  
2001 3A 4x800 relay (9:33.48)  
Mallory Weiss, Danielle Mousley,  
Laura Werner, Lindsey Incorvati  
Tracie Saunders, 2001 3A pole vault (10-6)  
2000 3A 4x800 relay (9:36.39)  
Mallory Weiss, Margory Glover,  
Danielle Mousley, Lindsey Incorvati  
Brooke Gilliford, 1998 3A 100H (14.5)  
Kathianne Sellers, 1992 3A high jump (5-8¾)  
Kathianne Sellers, 1991 3A high jump (5-4)  
Lori Land, 1990 3A 1600 (5:13.8)  
Liz Giering, 1985 3A 100m (12.0)  
Liz Giering, 1985 3A 200 (25.6)  
Liz Giering, 1985 3A 400 (57.7)  
Liz Giering, 1984 3A 100m (12.4)  
Liz Giering, 1984 3A 200 (25.5)  
Liz Giering, 1983 3A 100m (12.34)  
Janet Quigley, 1983 3A discus (116-4)  
Liz Giering, 1982 3A 200 (25.21)  
1974 3A 440-yard relay (50.85)  
Kim Wielinga, Marty Greenawalt,  
Joy Swisher, Pam Frey  
1974 3A 880 relay (1:46.80)  
Jan Swisher, Lynn Stoll,  
Joy Swisher, Pam Frey





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### McCASKEY, J.P. (37)

**Track: 26 Field: 11 Relay: 16**

2024 3A 4x100 relay (48.38)

Damani Crosson, Aasly,  
Isabel Roman, Corrine Miller

2023 3A 4x100 relay (47.85)

Kamiah Wright, Kamy Wright,  
Aasly De Leon, Lucie De Syon

2023 3A 4x400 relay (3:48.21)

Kamiah Wright, Lucie De Syon,  
Isabella Shertzer, Kamyah Wright

2023 3A 4x800 relay (9:19.42)

Lucie De Syon, Kamiah Wright,  
Milana Breuninger, Isabella Shertzer

2022 3A 4x800 relay (9:28.16)

Milana Breuninger, Morgan Stauffer,  
Any Frey, Isabella Shertzer

2021 3A 4x800 relay (9:23.64)

Arielle Breuninger, Milana Breuninger,  
Isabella Shertzer, Kamiah Wright

Ciara Pagan, 2007 3A triple jump (38-0)

Felicia Daniels, 2004 3A 100H (15.27)

Jamie Beam, 2000 3A discus (128-2)

1994 3A 4x100 relay (50.3)

Selena Hayes, Koko Eggleston,  
Tish Crosby, Yelitza Garcia

Jennifer Ladson, 1993 3A 200 (24.7)

Jennifer Ladson, 1993 3A 400 (56.55)

1993 3A 4x400 relay (3:59.6)

Ann Cross, Jen Sloden,  
Florine Holmes, Jennifer Ladson

Jennifer Ladson, 1993 3A triple jump (37-6¼)

Rhasheda Bailey, 1992 3A 200 (24.7)

1992 3A 4x100 relay (48.5)

Leequan Ray, Jennifer Ladson,  
Florine Holmes, Rhasheda Bailey

1992 3A 4x400 relay (4:01.9)

Jennifer Ladson, Ann Cross,  
Florine Holmes, Rhasheda Bailey

Adrena Carter, 1992 3A shot (37-1)

Adrena Carter, 1992 3A discus (116-6)

Adrena Carter, 1991 3A shot (38-9¾)

Jill Cypress, 1990 3A triple jump (39-5)

Roxanne Morton, 1989 3A 200 (25.8)

Brooke Walls, 1989 3A 300H (44.4)

1989 3A 4x100 relay (48.6)

Trysa Cameron, Jill Cypress,  
Brooke Walls, Roxanne Morton

1989 3A 4x400 relay (3:58.1)

Brooke Walls, Jill Cypress,  
Sherry Gearhart, Roxanne Morton

1989 3A 4x800 relay (9:28.9)

Beth Brown, Deanna Russell,  
Brooke Walls, Sherry Gearhart

Roxanne Morton, 1988 3A 100m (12.1)

Roxanne Morton, 1988 3A 200 (25.3)

### McCASKEY, J.P. (cont.)

1988 3A 4x100 relay (48.7)

Trysa Cameron, Jill Cypress,  
Brooke Walls, Roxanne Morton

Beth Brown, 1987 3A 800 (2:22.2)

Linda Butts, 1987 3A shot (41-6)

Linda Butts, 1986 3A shot (41-3½)

Karen Cotton, 1981 3A 400 (57.96)

1981 3A 4x400 relay (4:00.02)

Lisa Felder, Karen Cotton,  
Stacey Perry, Jackie Wilson

Niecy Houston, 1981 3A shot (41-3)

Niecy Houston, 1981 3A discus (133-10)

1979 3A 4x400 relay (3:58.15)

Lisa Felder, Karen Cotton,  
Joy Greenawalt, Lani Miller

### MECHANICSBURG (13)

**Track: 6 Field: 7 Relay: 0**

Maria Clark, 2024 3A discus (135-0)

Olivia Walter, 2022 3A 1600 (4:59.41)

Annika Hummel, 2021 3A pole vault (12-0)

Nicole Weenick, 2016 3A triple jump (38-3)

Brittany George, 2010 3A javelin (134-6)

Erin Flick, 2008 3A high jump (5-5)

Allison Cassey, 1983 3A javelin (127-2)

Lois Brommer, 1981 3A 800 (2:17.84)

Lois Brommer, 1981 3A 1600 (4:53.98)

Lois Brommer, 1981 3A 3200 (10:22.33)

Lois Brommer, 1980 3A 1600 (5:02.98)

Priscilla Chamberlain, 1976 3A shot (40-1)

Laurie Smith, 1975 3A 440 (59.82)

### MIDDLETOWN (9)

**Track: 4 Field: 5 Relay: 0**

Aubree Ray, 2011 2A shot (40-3)

Aubree Ray, 2011 2A discus (139-3)

Aubree Ray, 2010 2A shot (39-8)

Aubree Ray, 2010 2A discus (128-2)

Aubree Ray, 2009 2A discus (131-7)

Clara Roy, 1983 3A 400 (57.49)

Melissa Stewart, 1983 3A 1600 (4:57.83)

Melissa Stewart, 1983 3A 3200 (10:56.95)

Michelle Holton, 1980 2A 400 (58.21)

### MILLERSBURG (6)

**Track: 1 Field: 5 Relay: 0**

Reagan Wentzel, 2024 2A shot (34-11 1/2)

Kayla Kelley, 2013 2A 300H (47.45)

Jordan Barkus, 2007 2A javelin (127-8)

Carrie Gilmore, 2006 2A high jump (5-2)

Tonia Matter, 1992 2A long jump (17-2¾)

Tonia Matter, 1991 2A long jump (17-5¼)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### MILTON HERSHEY (106)

**Track: 85 Field: 21 Relay: 37**

Ahmenah Richardson, 2012 3A high jump (5-4)  
2011 3A 4x400 relay (3:56.97)  
Ahmenah Richardson, Kiara Carter,  
Mercy Williams, Audrey Quzack  
Ahmenah Richardson, 2011 3A high jump (5-4)  
2010 3A 4x100 relay (49.10)  
Stephanie Johnson, Brittney Whyms,  
Shaquetta Jackson, Kiara Carter  
Brittne' Perkins, 2008 2A 100m (12.75)  
2008 2A 4x100 relay (49.07)  
Diandra Riddick, KaSandra Wise,  
Breittne' Perkins, Grace Agyepong  
Anna-Christine Scull, 2007 2A 800 (2:18.02)  
Abigail Johnson, 2006 2A 400 (56.35)  
Anna-Christine Scull, 2006 2A 800 (2:17.73)  
Crystal Polite, 2006 2A 100H (14.90)  
Crystal Polite, 2006 2A 300H (45.52)  
2006 2A 4x100 relay (49.93)  
Ruth Brown, Abigail Johnson,  
Brittne' Perkins, Crystal Polite  
2006 4x400 relay (4:01.60)  
Ruth Brown, Anna Christine-Scull,  
Crystal Polite, Abigail Johnson  
Jackquain Williams, 2006 2A shot (39-6)  
Abigail Johnson, 2005 2A 200 (25.03)  
Abigail Johnson, 2005 2A 400 (56.84)  
Crystal Polite, 2005 2A 100H (15.13)  
Ruth Brown, 2005 2A 300H (45.54)  
2005 2A 4x400 relay (4:02.88)  
Anna Christine-Scull, Ruth Brown,  
Claudia Benjamin, Kandance Ferguson  
Phyllis Benjamin, 2005 2A triple jump (35-3½)  
Jackquain Williams, 2005 2A shot (37-9)  
Crystal Polite, 2004 2A 100H (15.56)  
2004 2A 4x100 relay (50.78)  
Ruth Brown, Kayla Dixon,  
Claudia Benjamin, Crystal Polite  
Kandance Ferguson, 2003 2A 100m (12.55)  
Kandance Ferguson, 2003 2A 200 (25.12)  
2003 2A 4x100 relay (49.55)  
Abigail Johnson, Ashley Mondie,  
Claudia Benjamin, Kandance Ferguson  
2003 2A 4x400 relay (4:03.86)  
Abigail Johnson, Ruth Brown,  
Claudia Benjamin, Kandance Ferguson  
Ashley Mondie, 2003 2A long jump (17-1½)  
Ashley Mondie, 2003 2A triple jump (37-1½)  
Crystal Griffin, 2003 2A shot (38-2¼)  
Nana Forson, 2003 2A discus (110-9)  
Judith Agyepong, 2002 2A 100m (12.50)  
Kandance Ferguson, 2002 2A 200 (25.39)  
2002 2A 4x100 relay (49.87)  
Kandance Ferguson, Jallila Harvey,  
Claudia Benjamin, Judith Agyepong

### MILTON HERSHEY (cont.)

2002 2A 4x400 relay (4:06.36)  
Ashley Mondie, Latoya King,  
Judith Agyepong, Kandance Ferguson  
Ashley Mondie, 2002 2A long jump (17-1½)  
Ashley Mondie, 2002 2A triple jump (36-5½)  
Judith Agyepong, 2001 2A 100m (12.80)  
Judith Agyepong, 2001 2A 200 (26.38)  
Fonati Ward, 2001 2A 300H (46.33)  
2001 2A 4x100 relay (49.30)  
Kandance Ferguson, Jallila Harvey,  
Ashley Byrd, Judith Agyepong  
2001 2A 4x400 relay (4:05.77)  
Fonati Ward, Michelle Mighty,  
Ashley Mondie, Kandance Ferguson  
Ashley Byrd, 2001 2A triple jump (36-1¼)  
Korto Dunbar, 2000 2A 100m (12.53)  
Korto Dunbar, 2000 2A 100H (14.68)  
Aisha Granville, 2000 2A 300H (47.03)  
2000 2A 4x100 relay (49.55)  
Judith Agyepong, Aisha Granville,  
Ashley Byrd, Korto Dunbar  
2000 2A 4x400 relay (4:05.89)  
Kandance Ferguson, Aisha Granville,  
Korto Dunbar, Fonati Ward  
Crystal Griffin, 2000 2A shot (38-10¼)  
Ashley Byrd, 2000 2A long jump (16-11¼)  
Korto Dunbar, 1999 2A 100H (15.0)  
1999 2A 4x100 relay (49.1)  
Jayne Agyepong, Aisha Granville,  
Abie Boima, Korto Dunbar  
1999 2A 4x400 relay (4:02.54)  
Jowharah Haddad, Korto Dunbar,  
Fonati Ward, Bernadette Robinson  
1998 2A 4x100 relay (49.15)  
Aisha Granville, KeLee Brown,  
Korto Dunbar, Tiffany Sheppard  
1998 2A 4x400 relay (4:06.4)  
Jowharah Haddad, Fonati Ward,  
Korto Dunbar, Bernadette Robinson  
1997 2A 4x100 relay (50.2)  
Aisha Granville, Schynell Francis,  
Korto Dunbar, Tiffany Sheppard  
1996 2A 4x100 relay (50.4)  
Abie Boima, Tiffany Sheppard,  
Shadaya Reynolds, Angela Szumowski  
Maimedee George, 1995 2A 100H (14.8)  
Maimedee George, 1995 2A 300H (45.1)  
1995 2A 4x400 relay (4:06.5)  
Mamdee George, Angela Szumowski,  
Edith Hutchins, Tamalia Christian  
Aishia Stroop, 1994 2A 400 (58.0)  
Amy Debor, 1994 2A 1600 (5:12.4)  
Amy Debor, 1994 2A 3200 (11:25.5)  
1994 2A 4x400 relay (4:04.9)  
Tamalia Christian, Amy Debor,  
Edith Hutchins, Aishia Stroop

### MILTON HERSHEY (cont.)

1994 2A 4x800 relay (9:44.5)  
Aishia Stroop, Judy Debor,  
Emily Archambault, Amy Debor  
Aishia Stroop, 1993 2A 400 (58.48)  
Amy Debor, 1993 2A 1600 (5:17.90)  
Amy Debor, 1993 2A 3200 (11:27.4)  
1993 2A 4x400 relay (4:10.1)  
Jennifer Sloane, Edith Hutchins,  
Amy Debor, Aishia Stroop  
1993 2A 4x800 relay (9:57.0)  
Aishia Stroop, Judy Debor,  
Angela Szumowski, Amy Debor  
Jennifer Sloane, 1992 2A 200 (26.1)  
Aishia Stroop, 1992 2A 400 (59.7)  
Amy Debor, 1992 2A 1600 (5:12.9)  
Amy Debor, 1992 A 3200 (11:21.6)  
1992 2A 4x100 relay (50.6)  
Claudia Quirama, Kelly Perry,  
Shasha Jones, Jennifer Sloane  
1992 2A 4x400 relay (4:06.8)  
Jennifer Sloane, Tiffany Pearsall,  
Aishia Stroop, Shasha Jones  
Jennifer Sloane, 1991 2A 100m (12.5)  
Celeta Carter, 1991 2A 200 (25.2)  
Amy Debor, 1991 2A 3200 (11:21.6)  
Celeta Carter, 1991 2A 100H (14.2)  
1991 2A 4x100 relay (49.5)  
Jennifer Sloane, Shasha Jones,  
Alisa Freeman, Celeta Carter  
1991 2A 4x400 relay (4:05.1)  
Jennifer Sloane, Shasha Jones,  
Cathy Kamya, Alisa Freeman  
1991 2A 4x800 relay (9:52.4)  
Amy Debor, Tamika Peten,  
Camille Scott, Cathy Kamya  
Alisa Freeman, 1990 2A 100m (13.2)  
Celeta Carter, 1990 2A 200 (26.1)  
Celeta Carter, 1990 2A 100H (14.9)  
Jessica Corrado, 1990 2A 300H (46.3)  
1990 2A 4x100 relay (50.4)  
Jennifer Sloane, Shasha Jones,  
Alisa Freeman, Celeta Carter  
1990 2A 4x400 relay (4:04.7)  
Kokeda Sheppard, Jessica Corrado,  
Jennifer Sloane, Alisa Freeman  
Phillipa Ashby, 1989 2A 100m (12.6)  
Phillipa Ashby, 1989 2A 200 (25.7)  
1989 2A 4x100 relay (49.7)  
Nicole Carr, Vern Williams,  
Alisa Freeman, Celeta Carter  
1989 2A 4x400 relay (4:03.6)  
Trina Poole, Kim Brassfield,  
Alisa Freeman, Phillipa Ashby  
Megan Hardy, 1989 2A shot (39-3¼)  
Jessica Corrado, 1988 2A 100H (15.2)  
Jessica Corrado, 1988 2A 300H (46.0)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### MILTON HERSHEY (cont.)

Kim Brassfield, 1988 2A triple jump (37-10½)  
Phillipa Ashby, 1987 2A 200 (25.7)  
1987 2A 4x100 relay (50.6)  
Trina Poole, Vern Williams,  
Fredericka Carter, Phillipa Ashby  
Joanne Troischt, 1985 2A 3200 (11:25.2)  
1985 2A 4x800 relay (9:50.3)  
Sherylia Bradley, Ingrid Umana,  
Donna Geiser, Joanne Troischt  
Lisa Shockley, 1985 2A shot (38-11¼)  
Lisa Shockley, 1985 2A discus (123-3)  
Lisa Shockley, 1984 2A shot (39-10¼)  
Elizabeth Gilliam, 1983 2A triple jump (35-3¼)  
Dawn Williams, 1981 2A shot (36-5½)

### MUHLBERG (6)

**Track: 4 Field: 2 Relay: 0**  
Katie Fisher, 2001 3A shot (37-7)  
Lorie Aikens, 1995 3A 100H (14.9)  
Ann Everson, 1982 3A discus (123-6)  
Cindy Fabian, 1979 3A 1600 (5:08.39)  
Cindy Fabian, 1979 3A 3200 (10:52.36)  
Eileen Hornberger, 1978 3A two-mile (11:20.51)

### NEW OXFORD (8)

**Track: 4 Field: 4 Relay: 0**  
Madison Smith, 2016 3A javelin (141-0)  
Jordan Jenkins, 2009 3A 1600 (5:02.33)  
Jordan Jenkins, 2009 3A 3200 (10:47.23)  
Tiffany Rosewag, 2006 3A long jump (17-5)  
Dawn Richardson, 1986 2A 100H (16.2)  
Dawn Richardson, 1986 2A 300H (47.0)  
Kelly Myers, 1983 2A high jump (5-1)  
Kelly Myers, 1981 2A high jump (5-4)

### NORTHEASTERN (1)

**Track: 1 Field: 0 Relay: 0**  
Margaret Carroll, 2021 3A 3200 (10:50.97)

### NORTHERN (15)

**Track: 10 Field: 5 Relay: 1**  
Anna Lehman, 2024 3A 800 (2:12.08)  
Marlee Starliper, 2019 3A 1600 (4:38.70)  
Marlee Starliper, 2019 3A 3200 (10:24.21)  
Marlee Starliper, 2018 3A 1600 (5:15.79)  
Marlee Starliper, 2018 3A 3200 (10:32.07)  
Marlee Starliper, 2017 3A 1600 (4:52.80)  
Marlee Starliper, 2017 3A 3200 (10:31.09)  
Kennedy Shank, 2013 3A pole vault (12-0)  
2009 3A 4x400 relay (4:00.58)  
Kailey Gibb, Audrey Eberly,  
Jenna Hessert, Jenna Knight  
Rachel Wong, 2006 3A 800 (2:17.50)  
Amy Backel, 2005 3A pole vault (11-0)  
Amy Backel, 2005 3A shot (42-3)  
Amy Backel, 2004 3A high jump (5-4)  
Alison Maurer, 2001 3A discus (121-7)  
Melissa Jacoby, 1983 2A 800 (2:25.0)

### NORTHERN LEBANON (7)

**Track: 7 Field: 0 Relay: 1**  
Stacy Stoner, 1997 2A 800 (2:25.38)  
Stacy Stoner, 1997 2A 1600 (5:20.1)  
Stacy Stoner, 1997 2A 3200 (11:22.4)  
Stacy Stoner, 1995 2A 800 (2:24.6)  
Stacy Stoner, 1995 2A 1600 (5:21.0)  
Stacy Stoner, 1995 2A 3200 (10:59.2)  
1986 2A 4x800 relay (10:02.8)  
Ronnie Yingst, Laurie Eller,  
Becky Groh, Kathy Wenrich

### OLEY VALLEY (17)

**Track: 11 Field: 6 Relay: 2**  
Rebecca Snyder, 2018 2A 1600 (5:15.79)  
Rebecca Snyder, 2018 2A 3200 (11:05.90)  
Rebecca Snyder, 2017 2A 800 (2:22.38)  
Rebecca Snyder, 2017 2A 1600 (5:09.17)  
Rebecca Snyder, 2017 2A 3200 (11:01.09)  
1995 2A 4x800 relay (9:51.9)  
Karlyn Haas, Kathy Kent,  
Krista Ruth, Kate Frederick  
Michele Palmertree, 1992 2A 800 (2:21.1)  
1992 2A 4x800 relay (9:54.4)  
Karlyn Haas, Kathy Kent,  
Krista Ruth, Michele Palmertree  
Michele Palmertree, 1991 2A 1600 (5:13.7)  
Debbie Stump, 1990 2A shot (42-0¼)  
Diana Imhof, 1990 2A long jump (16-11¼)  
Debbie Stump, 1989 2A discus (130-10)  
Jenny Russell, 1985 2A 300H (47.6)  
Lynn Horch, 1984 2A triple jump (36-2)  
Lynn Horch, 1983 2A 100m (12.60)  
Jerriann Howe, 1978 2A shot (39-11)  
Jerriann Howe, 1977 2A shot (39-1)

### PALMYRA (21)

**Track: 8 Field: 13 Relay: 4**  
2017 3A 4x800 relay (9:22.99)  
Kelsei Bixler, Jess Dembrowski,  
Sarah Hollen, Ellie Keck  
Kirstin West, 2017 3A javelin (140-9)  
2014 3A 4x800 relay (9:17.57)  
Miranda Salvo, Jess Dembrowski,  
Maria Tukis, Katie Dembrowski  
2013 3A 4x800 relay (9:13.65)  
Olivia Farabaugh, Miranda Salvo,  
Maria Tukis, Katie Dembrowski  
2012 3A 4x800 relay (9:25.17)  
Olivia Farabaugh, Devin Strykowski,  
Maria Tukis, Katie Dembrowski  
Stefani Day, 2011 3A 300H (44.81)  
Jill Keefer, 2005 3A high jump (5-4)  
Meghan Briggs, 2005 3A javelin (140-0)  
Meghan Briggs, 2004 3A javelin (136-8)  
Jessica Uhrich, 2002 2A high jump (5-1)  
Jennie Shelton, 1996 3A 300H (45.3)  
Karrie Shelton, 1994 2A long jump (17-7)  
Theresa Rhoads, 1992 3A javelin (118-3)  
Heather Reifsnnyder, 1991 3A javelin (132-3)  
Sue Shay, 1988 3A shot (42-1½)  
Amy McLaughlin, 1987 3A discus (123-3)  
Sue Shay, 1986 2A shot (37-6½)  
Jenny Maclary, 1985 2A 400 (58.5)  
Lori Shifflett, 1982 3A high jump (5-5)  
Lori Shifflett, 1981 3A high jump (5-6¼)  
Kathy Warlow, 1980 3A 3200 (10:58.55)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### PENN MANOR (21)

**Track: 16 Field: 5 Relay: 5**

Kate Harnish, 2024 3A pole vault (11-6)  
Greta Lindsley, 2014 3A 1600 (4:56.26)  
Greta Lindsley, 2013 3A 1600 (4:56.41)  
Greta Lindsley, 2012 3A 800 (2:15.78)  
Greta Lindsley, 2012 3A 1600 (4:57.14)  
2011 3A 4x800 relay (9:24.71)  
Emily Novak, Megan Maisano,  
Katie Maisel, Greta Lindsley  
Jocelyn Wltmer, 2008 3A pole vault (12-3)  
Jocelyn Wltmer, 2007 3A pole vault (11-7)  
Alyssa Girvin, 2007 3A discus (136-1)  
1998 3A 4x800 relay (9:39.2)  
Erin Gemmell, Tess Smith,  
Theresa Kirchner, Allison Frank  
1997 3A 4x800 relay (9:41.3)  
Erin Gemmell, Allison Frank,  
Betty Mohler, Tess Smith  
Kim Schlemmer, 1990 3A 400 (57.9)  
Kim Schlemmer, 1989 3A 400 (57.7)  
Kim Schlemmer, 1988 3A 400 (58.5)  
Lisa Bervinchak, 1984 3A triple jump (35-8½)  
1982 3A 4x800 relay (9:38.05)  
Joyce Burkholder, Carrie Zimmerman,  
Brenda Zimmerman, Jody Burkholder  
Amy Martin, 1980 3A 100H (14.39)  
Deb Garland, 1979 3A 100H (14.58)  
1979 3A 4x100 relay (49.84)  
Cheryl Groff, Amy Martin,  
Cassie Carroll, Debbie Garland  
Laurie Colby, 1978 3A 880 (2:21.07)  
Deb Garland, 1977 3A 110yH (15.0)

### READING (31)

**Track: 22 Field: 9 Relay: 3**

Jazmin Hunt, 2007 3A 100H (14.82)  
Danielle Laws, 2007 3A shot (39-10¼)  
Jazmin Hunt, 2005 3A 100H (14.53)  
Jessica Forrest, 2003 3A 200 (25.60)  
Jessica Forrest, 2003 3A 400 (57.59)  
Felicia Martin, 2001 3A 300H (45.70)  
Chris Robertson, 1992 3A 100m (11.7)  
Chris Robertson, 1992 3A long jump (17-9¼)  
Chris Robertson, 1991 3A 100m (11.7)  
Chris Robertson, 1991 3A 200 (24.4)  
1991 3A 4x100 relay (49.9)  
Bridget Selepechny, Adrienne Jackson,  
Kathy Randazzo, Chris Robertson  
Chris Robertson, 1991 3A long jump (18-3¼)  
Chris Robertson, 1990 3A 100m (12.2)  
Chris Robertson, 1990 3A 200 (25.2)  
1990 3A 4x100 relay (49.9)  
Angela Gilmore, Adrienne Jackson,  
Kathy Randazzo, Chris Robertson  
Chris Robertson, 1989 3A 100m (12.5)  
Karen Gooch, 1986 3A 100H (15.0)  
Karen Gooch, 1986 3A triple jump (37-10¾)  
Karen Gooch, 1985 3A triple jump (37-1¾)  
Angela Johnson, 1983 3A 100H (15.61)  
Rose Gilmore, 1982 3A 100m (12.06)  
Rose Gilmore, 1981 3A 100m (12.04)  
Rose Gilmore, 1981 3A 200 (25.71)  
Leslie Robinson, 1981 3A 100H (14.30)  
1981 3A 4x100 relay (48.99)  
Gale Adams, Leslie Robinson,  
Vikki Flynn, Rose Gilmore  
Debra Mosley, 1981 3A long jump (18-1¼)  
Rose Gilmore, 1980 3A 100m (12.31)  
Rose Gilmore, 1980 3A 200 (25.33)  
Linny Price, 1979 3A long jump (17-8¼)  
Linny Price, 1979 3A triple jump (37-5¾)  
Linny Price, 1978 3A triple jump (38-1)

### RED LAND (10)

**Track: 3 Field: 7 Relay: 1**

Lindsay Bumbernick, 2006 3A triple jump (36-8¼)  
Kristina Kline, 2005 3A triple jump (36-8)  
Kristina Kline, 2004 3A long jump (17-5¼)  
Janet Beasley, 1994 3A 100m (12.4)  
Janet Beasley, 1994 3A 200 (25.2)  
1993 3A 4x100 relay (49.5)  
Stacey Reed, Teea Jarvinen,  
Amy Oswandel, Janet Beasley  
Janet Thomas, 1983 3A triple jump (37-10)  
Janet Thomas, 1982 3A triple jump (37-5)  
Santee Thompkins, 1978 3A shot (42-2¼)  
Santee Thompkins, 1977 3A shot (41-8¼)

### RED LION (20)

**Track: 7 Field: 13 Relay: 2**

Madisen Kling, 2018 3A discus (135-8)  
Madisen Kling, 2017 3A discus (141-1)  
Ruth Loyer, 2001 3A 800 (2:16.27)  
Ruth Loyer, 2001 3A 1600 (5:03.11)  
Ruth Loyer, 2000 3A 800 (2:15.33)  
Jen Thompson, 1997 3A long jump (17-1¼)  
Jen Thompson, 1997 3A triple jump (37-5¼)  
Jen Thompson, 1995 3A long jump (18-1¼)  
Jen Thompson, 1995 3A triple jump (39-0¼)  
Heather Moul, 1994 3A 800 (2:15.2)  
1994 3A 4x800 relay (9:29.9)  
Diane Fitz, Lisa Frey,  
Suzanne Baum, Heather Moul  
Jen Thompson, 1994 3A triple jump (36-1½)  
Nan Strawbridge, 1990 3A shot (40-7½)  
Nan Strawbridge, 1990 3A discus (127-5)  
Nan Strawbridge, 1990 3A javelin (126-2)  
Nan Strawbridge, 1989 3A shot (40-11¾)  
Nan Strawbridge, 1989 3A discus (131-3)  
Penny Erisman, 1986 3A discus (118-7)  
Elisa Strickler, 1984 3A 400 (58.7)  
1983 3A 4x400 relay (4:06.92)  
Elisa Strickler, Karen Ginder,  
Amy Pomranning, Chris Heim





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### SCHUYLKILL VALLEY (31)

**Track: 18 Field: 13 Relay: 2**

Madison Ziska, 2022 2A long jump (17-6 ½)  
Emma Deyarmin, 2022 2A shot (34-10 ¾)  
Emma Deyarmin, 2022 2A discus (118-1)  
Madison Ziska, 2021 2A 400 (59.25)  
2021 2A 4x100 relay (50.89)  
Samantha Lisa, Tori Reali,  
Emily Starr, Madison Ziska  
Ashlyn Giles, 2021 2A shot (48-0 ¼)  
Ashlyn Giles, 2021 2A discus (147-11)  
Madison Ziska, 2019 2A 400 (59.41)  
Madison Ziska, 2019 2A long jump (16-7 ¾)  
Sophie Goad, 2016 2A 400 (1:00.08)  
Sophie Goad, 2016 2A 800 (2:21.34)  
Keisha Bautista, 2015 2A 100m (12.77)  
Bre Manzolillo, 2017 2A pole vault (11-6)  
2014 2A 4x100 relay (49.37)  
Claire Burket, Erika Miller,  
Keisha Bautista, Emily Bashore  
Michaela Williams, 2011 2A high jump (5-2)  
Devan Coon, 2008 2A 200 (25.52)  
Devan Coon, 2008 2A 400 (57.13)  
Nikki Lykens, 2008 2A discus (116-11)  
Alli Pucul, 2008 2A javelin (123-10)  
Devan Coon, 2007 2A 200 (24.71)  
Devan Coon, 2007 2A 400 (56.54)  
Nikki Lykens, 2007 2A discus (111-0)  
Alli Pucul, 2006 2A javelin (121-1)  
Devan Coon, 2005 2A 100m (12.18)  
Heather Patch, 2003 2A 100H (15.05)  
Laura Pucul, 2003 2A 300H (45.92)  
Heather Patch, 2002 2A 100H (14.52)  
Liz Staus, 2000 2A 200 (26.06)  
Liz Staus, 2000 2A 400 (59.90)  
Jill Jablonski, 1998 2A 300H (47.1)  
Sharon Schultz, 1979 2A shot (37-9)

### SCOTLAND SCHOOL (23)

**Track: 20 Field: 3 Relay: 7**

Whitney Boyer, 2009 2A high jump (5-1)  
Jamilah Fossie, 1998 2A 100H (15.4)  
Nicole Mangum, 1994 2A 100H (14.9)  
Nicole Mangum, 1994 2A 300H (46.1)  
1994 2A 4x100 relay (49.6)  
Shanise Bryant, Shawna Dixon,  
Nicole Mangum, Chiquita Jones  
Shawna Dixon, 1993 2A 300H (45.87)  
1993 2A 4x100 relay (50.63)  
Shawna Dixon, Chiquita Jones,  
Greta Burton, Shanise Bryant  
Keisha Goode, 1988 2A 100m (12.6)  
Ramona Colbert, 1988 2A long jump (17-4)  
Danella Washington, 1984 2A 100m (12.5)  
1984 2A 4x100 relay (50.5)  
Crystal Jones, Davida Neal,  
Monica Montey, Danella Washington  
Maria Vangel, 1983 2A 300H (46.72)  
1982 2A 4x400 relay (4:10.00)  
Davida Neal, Danella Washington,  
Maria Vangel, Sherri Durricks  
Enita Everett, 1980 2A 100m (12.64)  
Enita Everett, 1980 2A 200 (26.39)  
1980 2A 4x100 relay (50.08)  
Sherri Durricks, Juanita Amey,  
Ellie Rose, Enita Everett  
Cassandra Jackson, 1980 2A shot (36-1½)  
Ramona Lattany, 1979 2A 200 (25.85)  
Ramona Lattany, 1979 2A 400 (57.48)  
1978 2A 440-yard relay (50.60)  
Juanita Amey, Rose Ellis,  
Selma Tasker, Gayla Bradley  
Ramona Lattany, 1977 2A 220 (26.8)  
Ramona Lattany, 1977 2A 440 (58.09)  
1977 2A 880 medley relay (1:52.23)  
Gayle Bradley, Sheila Bradley,  
Missy Masley, Ramona Lattany

### SHIPPENSBURG (7)

**Track: 7 Field: 0 Relay: 0**

Jillian Sydnor, 2022 3A 400 (55.67)  
Reynah Spence, 2011 3A 1600 (5:02.64)  
Neely Spence, 2008 3A 1600 (4:50.23)  
Neely Spence, 2008 3A 3200 (10:46.58)  
Neely Spence, 2007 3A 1600 (4:57.38)  
Leanne Kling, 1989 2A 100H (15.2)  
Leanne Kling, 1989 2A 300H (44.5)

### SOLANCO (25)

**Track: 18 Field: 7 Relay: 6**

Olianna Oravitz, 2024 3A long jump (19-0 1/2)  
Katie Urbine, 2023 3A pole vault (13-8)  
Katie Urbine, 2022 3A pole vault (12-0)  
Erin Peiffer, 1998 3A 3200 (11:21.1)  
Leah Peiffer, 1997 3A 1600 (5:20.0)  
Leah Peiffer, 1997 3A 3200 (11:19.6)  
Monica Anderson, 1997 2A 300H (45.7)  
Leah Peiffer, 1996 3A 1600 (5:11.3)  
Leah Peiffer, 1996 3A 3200 (11:10.4)  
Monica Anderson, 1996 3A 100H (15.6)  
1996 3A 4x800 relay (9:38.9)  
Tammy Cauler, Val Calkins,  
Melissa Thomas, Leah Peiffer  
Kim Murray, 1996 3A javelin (126-2)  
Lori Houck, 1995 3A 400 (59.3)  
1995 3A 4x800 relay (9:46.0)  
Val Calkins, Jen Crandell,  
Tammy Cauler, Melissa Thomas  
Karrie Mitchell, 1994 3A javelin (137-7)  
Jen Lefever, 1992 3A 1600 (5:12.6)  
1992 3A 4x800 relay (9:42.2)  
Jen Lefever, Kelly Ryan,  
Jodi Carter, Brenda Pennell  
Brenda Pennell, 1991 3A 1600 (5:13.3)  
1991 3A 4x400 relay (4:04.7)  
Jen Lefever, Staci Bennett,  
Missy Breeze, Brenda Pennell  
1991 3A 4x800 relay (9:33.4)  
Missy Brazee, Jodi Carter,  
Jen Lefever, Brenda Pennell  
1990 3A 4x800 relay (9:38.4)  
Missy Brazee, Susie Spangler,  
Kelly Ryan, Brenda Pennell  
Missy Payne, 1987 3A long jump (17-6)  
Barb Wert, 1981 2A 100H (15.31)  
Vivian Murray, 1979 3A 200 (25.05)  
Janice Guyll, 1974 3A long jump (17-4¾)







## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### SOUTH WESTERN (16)

**Track: 10 Field: 6 Relay: 5**

Madeline Lehker, 2021 3A high jump (5-5)  
Zaiyah Marshall, 2021 3A triple jump (38-3 ¼)  
Lynne Mooradian, 2016 3A 300 H (43.44)  
Lynne Mooradian, 2013 3A 100m (12.50)  
2013 3A 4x100 relay (48.54)  
Kristin Garlan, Mackenzie Wall,  
Amore' Coleman, Lynne Mooradian  
2007 3A 4x400 relay (3:59.93)  
Amanda Lehr, Emily Good,  
Katie Colburn, Shelly Lobach  
2006 3A 4x400 relay (4:00.46)  
Amanda Lehr, Emily Good,  
Katie Colburn, Shelly Lobach  
Noreen Seymore, 2006 3A shot (40-2½)  
Catie Hare, 2005 3A 100m (12.26)  
Catie Hare, 2003 3A 100m (12.47)  
2003 3A 4x100 relay (49.49)  
Jen Fink, Trish Kyle,  
Jess Clark, Catie Hare  
2002 3A 4x100 relay (50.42)  
Kate Brady, Trish Kyle,  
Jess Clark, Adrienne David  
Sarah Price, 2000 3A pole vault (9-6)  
Sarah Price, 1999 3A pole vault (10-0)  
Jamie Luby, 1995 3A high jump (5-3)  
Cricket Shaffer, 1985 3A 300H (47.1)

### SPRING GROVE (24)

**Track: 19 Field: 5 Relay: 1**

Laila Campbell, 2024 3A 100m (12.02)  
Laila Campbell, 2024 3A 200 (24.50)  
Ella Bahn, 2024 3A 100H (14.36)  
Ella Bahn, 2024 3A 300H (42.55)  
Ella Bahn, 2024 3A high jump (5-6)  
Laila Campbell, 2023 3A 100m (11.55)  
Laila Campbell, 2023 3A 200 (23.24)  
Ella Bahn, 2023 3A 100H (14.48)  
Ella Bahn, 2023 3A 300 H (44.67)  
Ella Bahn, 2023 3A high jump (5-5)  
Laila Campbell, 2022 3A 100m (11.63)  
Laila Campbell, 2022 3A 200 (25.01)  
Laila Campbell, 2021 3A 100 (12.00)  
Laila Campbell, 2021 3A 200 (24.11)  
Laila Campbell, 2021 3A 400 (56.43)  
Nathalie Elliott, 2017 3A pole vault (12-6)  
Emily Ural, 1996 3A 400 (57.4)  
Robin Adams, 1989 3A javelin (124-2)  
Braquel Hoff, 1988 3A 300H (44.8)  
Stacy Gramm, 1988 3A discus (123-2)  
Braquel Hoff, 1987 3A 300H (45.4)  
1987 3A 4x400 relay (4:03.3)  
Braquel Hoff, Shanna Eisenhart,  
Shonna Diehl, Beth Lookenbill  
Braquel Hoff, 1986 3A 300H (45.1)  
Lori Miller, 1980 3A 400 (57.68)

### SUSQUEHANNA TOWNSHIP (28)

**Track: 22 Field: 6 Relay: 8**

Shaniyah Weidler, 2023 3A triple jump (39-2)  
Jada Burton, 2018 3A 400 (57.34)  
Yasmin Brooks, 2017 3A 100H (14.07)  
Yasmin Brooks, 2017 3A 300H (43.64)  
2017 3A 4x100 relay (48.89)  
Daryn McDonald, Jada Burton,  
Marja Allen, Jocelynn Burton  
2017 3A 4x400 relay (3:55.58)  
Jada Burton, Tiana Wilkinson,  
Yasmin Brooks, Jocelynn Burton  
Yasmin Brooks, 2016 3A 200 (25.15)  
Yasmin Brooks, 2016 3A 100H (14.12)  
2016 3A 4x100 relay (49.18)  
Marja Allen, Alysha Evans,  
Kennedy Ivey, Myah Gaines  
2015 3A 4x100 relay (47.61)  
Katy Alberici, Yasmin Brooks,  
Alysha Evans, Christina Johnson  
2014 3A 4x100 relay (48.91)  
Katy Alberici, Yasmin Brooks,  
Alysha Evans, Christina Johnson  
Karlise Cureton, 2006 3A 100H (14.65)  
Caitlyn Green, 2005 3A discus (125-3)  
Nicole James, 2002 3A discus (125-3)  
Lauren Pringle, 2001 3A high jump (5-4)  
Kara Felty, 1996 2A 1600 (5:22.9)  
1995 2A 4x100 relay (51.1)  
Tiana Anderson, Jolanda McLaughlin,  
Jasmine Forney, Jill Anderson  
Raquel Beverly, 1988 2A 400 (57.7)  
Raquel Beverly, 1987 2A 400 (57.0)  
Tracy Green, 1985 2A 200 (26.4)  
Tracy Green, 1984 2A 200 (26.5)  
Shellouise Grant, 1981 2A 400 (59.1)  
1980 2A 4x400 relay (4:06.56)  
Kia Johnson, Beth Thompson,  
Stacey Dean, Shellouise Grant  
Steve Ann Nork, 1979 2A 100H (15.08)  
Shellouise Grant, 1978 2A 440 (58.36)  
1977 2A 440-yard relay (50.55)  
Tonya Penn, Ann Billman,  
Dawn Brenner, Laura Fahrenbaugh  
Steve Ann Nork, 1977 2A triple jump (36-2½)  
Pat Daley, 1974 3A high jump (5-3)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### SUSQUEHANNOCK (4)

**Track: 1 Field: 3 Relay: 0**

Ryleigh Marks, 2023 3A long jump (18-0)  
Ashley Mentlik, 2002 3A triple jump (37-3¼)  
Vicki Erdman, 1988 3A javelin (132-6)  
Shelly Harris, 1986 3A 800 (2:18.6)

### SUSQUENITA (10)

**Track: 5 Field: 5 Relay: 1**

Brye Wojcik, 2024 2A 400 (1:00.08)  
Samantha Wechsler, 2023 2A 100H (16.19)  
Claire Wechsler, 2023 2A 300H (48.30)  
Samantha Wechsler, 2023 2A long jump (17-7)  
Samantha Wechsler, 2023 2A triple jump (36-9 1/4)  
Haley Brenny, 2021 2A 300H (47.39)  
2006 2A 4x800 relay (9:54.92)  
Kristy Ulrich, Lexie Miller,  
Amanda Moore, Jamie McCollum  
Steph Harrison, 2006 2A discus (137-4)  
Sarah Shatto, 2000 2A pole vault (9-6)  
Sarah Shatto, 1999 2A pole vault (9-9)

### TRINITY (42)

**Track: 26 Field: 16 Relay: 13**

Julianna Prokop, 2024 2A high jump (5-0)  
2023 2A 4x400 relay (4:09.22)  
Lila Shore, Caroline Cunningham,  
Sara Crowell, Frances Maury  
2023 2A 4x800 relay (9:52.24)  
Lila Shore, Julia Sheaffer,  
Sara Crowell, Frances Maury  
Adeline Woodward, 2023 2A pole vault (12-0)  
2022 2A 4x400 relay (4:09.32)  
Ella Cloak, Caroline Cunningham,  
Sara Crowell, Frances Mary  
Adeline Woodward, 2021 2A pole vault (11-0)  
Mia Kilroy, 2019 2A 300H (46.08)  
Mia Kilroy, 2018 2A 300H (45.48)  
Lauren Seubert, 2018 2A javelin (119-4)  
Mia Kilroy, 2017 2A 400 (59.61)  
Mia Kilroy, 2017 2A 300H (46.33)  
Megan Silva, 2016 2A pole vault  
Shannon Quinn, 2015 2A 800 (2:15.92)  
2015 2A 4x400 relay (4:03.16)  
Shannon Quinn, Hannah Schubert,  
Emily D'Amico, Clair Mackin  
2015 2A 4x800 relay (9:39.94)  
Emily D'Amico, Katherine Long,  
Bora Shelly, Shannon Quinn  
Megan Silva, 2015 2A pole vault (11-4)  
Alexis Lipsky, 2015 2A javelin (124-2)  
Shannon Quinn, 2014 2A 800 (2:19.28)  
2014 2A 4x800 relay (9:44.35)  
Emily Dethlefs, Hannah Durbin,  
Emily D'Amico, Shannon Quinn  
Shannon Quinn, 2013 2A 400 (57.00)  
Shannon Quinn, 2013 2A 800 (2:14.73)  
2013 2A 4x400 relay (4:00.3)  
Shannon Quinn, Mary Gronkiewicz,  
Hannah Dubin, Aliyah Graves-Brown  
Madison Depner, 2013 2A pole vault (11-6)  
Anna Kuntz, 2012 2A 100H (15.50)  
2012 2A 4x100 relay (49.73)  
Monica Hunter, Aliyah Graves-Brown,  
Hannah Durbin, Anna Kurtz  
2012 2A 4x400 relay (4:02.03)  
Shannon Quinn, Mary Gronkiewicz,  
Monica Hunter, Aliyah Graves-Brown  
2012 2A 4x800 relay (9:37.99)  
Madison Depner, 2012 2A pole vault (11-0)  
Erin Guty, 2008 2A long jump (17-5)  
Shannon Crane, 2008 2A shot (37-5¾)  
Erin Guty, 2007 2A 100m (12.45)  
2007 2A 4x100 relay (50.31)  
Alex Oszustowicz, Erin Guty,  
Nikki Brownyard, Sandra Sweitzer  
Nichole Campbell, 1998 2A long jump (16-11½)  
Nichole Campbell, 1998 2A triple jump (37-3½)

### TRINITY (cont.)

1997 2A 4x800 relay (10:00.0)  
Leanne Gryzboski, Chrissy Walker,  
Heather Fenwick, LeAnne Torchia  
Nichole Campbell, 1997 2A triple jump (36-0¾)  
Monica Carnahan, 1991 2A high jump (5-4)  
Danielle Sciano, 1984 2A 400 (58.5)  
1984 2A 4x400 relay (4:05.5)  
Angie Wilson, Michelle Sciano,  
Joan Hoyer, Danielle Sciano  
Leslie Nicotera, 1981 2A javelin (120-9)  
Bernie Kowalczyk, 1978 2A 220 (25.98)  
Bernie Kowalczyk, 1977 2A 100y (11.6)

### TULPEHOCKEN (17)

**Track: 5 Field: 12 Relay: 0**

Ella Ahner, 2022 2A 100m (12.53)  
Ella Ahner, 2022 2A 200 (26.13)  
Ella Ahner, 2021 2A 100m (12.75)  
Ella Ahner, 2021 2A 200 (25.79)  
Devyn Emerich, 2008 2A high jump (5-2)  
Devyn Emerich, 2007 2A high jump (5-2)  
Roxanne Kopenhaver, 2001 2A discus (108-8)  
Abby Noll, 2001 2A javelin (124-11)  
Abby Noll, 2000 2A javelin (129-1)  
Becky Eiler, 1999 2A shot (38-3½)  
Kristy Shunk, 1994 2A shot (37-5½)  
Miriam Lopez, 1994 2A javelin (126-3)  
Jennifer Shunk, 1993 2A 800 (2:23.3)  
Marian Himmelberger, 1993 2A javelin (116-5)  
Beverly Burkey, 1986 2A triple jump (37-6¼)  
Dawn Newman, 1980 2A high jump (5-5)  
Dawn Newman, 1979 2A high jump (5-1)





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### TWIN VALLEY (14)

**Track: 6 Field: 8 Relay: 2**

Kayla Gillen, 2019 3A high jump (5-4)  
Julia Briggs, 1997 2A long jump (17-0<sup>3</sup>/<sub>4</sub>)  
1984 2A 4x800 relay (9:41.9)  
Wendy Komnik, Julie Arontowicz,  
Deanna Walsh, Tammy Zink  
1983 2A 4x800 relay (9:54.98)  
Wendy Komnik, Mary Patrick,  
Lisa Rechenberg, Deanna Walsh  
Monica Beard, 1979 2A 100m (12.35)  
Monica Beard, 1978 2A 100y (11.73)  
Kim Lichty, 1978 2A 110yH (15.07)  
Sonya Sims, 1978 2A high jump (5-9)  
Sonya Sims, 1978 2A long jump (17-11 <sup>3</sup>/<sub>4</sub>)  
Kim Lichty, 1978 2A triple jump (35-3<sup>1</sup>/<sub>4</sub>)  
Kim Lichty, 1977 2A 110yH (15.2)  
Sonya Sims, 1977 2A high jump (5-6)  
Sonya Sims, 1977 2A long jump (16-9<sup>3</sup>/<sub>4</sub>)  
Sonya Sims, 1976 3A high jump (5-6)

### UPPER DAUPHIN (4)

**Track: 3 Field: 1 Relay: 0**

Anna Osman, 2015 2A 300H (46.75)  
Angie Saterstad, 2001 3A 3200 (10:54.82)  
Angie Saterstad, 2000 3A 3200 (11:04.78)  
Kira Troutman, 2000 3A javelin (126-9)

### WARWICK (21)

**Track: 16 Field: 5 Relay: 11**

Ella Lucas, 2023 3A discus (157-7)  
Katie Becker, 2022 3A high jump (5-10)  
Ella Lucas, 2021 3A discus (129-2)  
Lily Palacio-Lewis, 2019 3A 100m (12.02)  
Leah Graybill, 2019 3A 200 (24.74)  
2019 3A 4x100 relay (47.44)  
Leah Graybill, Emily Williamson,  
Meghan Quinn, Lily Palacio-Lewis  
2019 3A 4x400 relay (3:52.39)  
Jessica Williamson, Meghan Quinn,  
Emily Williamson, Leah Graybill  
2018 3A 4x100 relay (48.65)  
Leah Graybill, Lily Palacio-Lewis,  
Meghan Quinn, Juliette Malesky  
2018 3A 4x400 relay (3:54.04)  
Cassidy Kline, Leah Graybill,  
Emily Williamson, Lily Palacio-Lewis  
2018 3A 4x800 relay (9:26.45)  
Deirdre White, Caitlyn Wagner,  
Emily Williamson, Cassidy Kline  
2016 3A 4x400 relay (3:59.81)  
Leah Graybill, Deirdre White,  
Samantha Shields, Emily Williamson  
2010 3A 4x800 relay (9:19.56)  
Alli Mannion, Alyssa Grube,  
Kristine Gutshall, Emily Graber  
2009 3A 4x800 relay (9:23.39)  
Kaitlyn Oliver, Kristine Gutshall,  
Alli Mannion, Emily Graber  
2008 3A 4x800 relay (9:30.83)  
Kaitlyn Oliver, Kristine Gutshall,  
Alyssa Grube, Alli Mannion  
Ganne Way, 2003 3A 800 (2:13.97)  
2003 3A 4x400 relay (4:03.38)  
Ahna Buckwalter, Lindsey,  
Ganne Way, Carly Hess  
Ganne Way, 2003 3A 800 (2:13.97)  
2002 3A 4x400 relay (3:56.56)  
Carly Hess, Amy Musser,  
Shannon Norris, Ganne Way  
Courtney Boyack, 1999 3A 300H (46.2)  
Carol Bronczyk, 1984 3A high jump (5-2)  
Julie Welk, 1981 3A triple jump (37-1)

### WAYNESBORO (2)

**Track: 1 Field: 1 Relay: 0**

Lilly Harnish, 2015 3A high jump (5-6)  
Bonnie Zehler, 1976 3A 80H (11.1)

### WEST PERRY (7)

**Track: 4 Field: 3 Relay: 0**

Morgan Sheaffer, 2011 3A 800 (2:18.36)  
Morgan Sheaffer, 2011 3A javelin (134-2)  
Morgan Sheaffer, 2010 3A 400 (56.97)  
Morgan Sheaffer, 2010 3A 800 (2:16.63)  
Maryam Smith, 2009 3A shot (38-5)  
Rachel Schatz, 2003 3A javelin (127-7)  
Tawny Petrick, 1984 2A 300H (45.2)

### WEST YORK (10)

**Track: 8 Field: 2 Relay: 1**

Tesia Thomas, 2019 3A long jump (18-5 <sup>1</sup>/<sub>4</sub>)  
Tesia Thomas, 2019 3A triple jump (39-11)  
Angie Bowie, 1989 2A 400 (58.7)  
Angie Bowie, 1987 3A 100m (12.3)  
Angie Bowie, 1987 3A 200 (25.9)  
Angie Bowie, 1987 3A 400 (58.2)  
Angie Bowie, 1986 2A 100m (12.2)  
Angie Bowie, 1986 2A 200 (25.7)  
Angie Bowie, 1986 2A 400 (57.4)  
1982 2A 4x100 relay (51.44)  
Abby Warner, Lori Masser,  
Terri Hershberger, Julie Haynes





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### WILSON (20)

**Track: 13 Field: 7 Relay: 4**

Katie Dallas, 2022 3A 800 (2:15.82)  
Katie Dallas, 2021 3A 800 (2:13.60)  
Caryn Rippey, 2021 3A 1600 (4:59.71)  
Madi Herb, 2021 3A 300H (45.85)  
Alison Willingmyre, 2016 3A 1600 (4:56.81)  
2016 3A 4x800 relay (9:16.23)  
Gabriella Audi, Amina Chtourou,  
Nijah Ukpong, Allison Willingmyre  
2015 3A 4x800 relay (9:12.05)  
Gabriella Audi, Amina Chtourou,  
Anne Den Otter, Britton Gagliardi  
Jessie Wallace, 2014 3A discus (130-1)  
Skylar Dantzler, 2013 3A 200 (25.22)  
Skylar Dantzler, 2013 3A 400 (56.97)  
Jessie Wallace, 2013 3A discus (129-10)  
Gabrielle Poore, 2009 3A 400 (57.25)  
Tory Toso, 2006 3A pole vault (11-3)  
Tracie Henne, 2000 3A shot (38-10<sup>3</sup>/<sub>4</sub>)  
1997 3A 4x400 relay (4:04.6)  
Molly Kauffman, Tricia Snyder,  
Beth Hafer, Bernie Kern  
1994 3A 4x400 relay (3:59.1)  
Erica Bosler, Kristen Renner,  
Heather Buzas, Jamie Yergler  
Julie Schaadt, 1994 3A discus (122-1)  
Sue Gensler, 1985 3A discus (119-1)  
Bridget Heck, 1985 3A high jump (5-3)  
Andrea Sutton, 1982 3A 3200 (11:20.03)

### WYOMISSING (51)

**Track: 43 Field: 8 Relay: 13**

Alexis Hardy, 2024 2A 200 (25.73)  
Addie Cohen, 2024 2A 800 (2:21.35)  
Addie Cohen, 2024 2A 1600 (5:11.25)  
Addie Cohen, 2024 2A 3200 (11:24.90)  
Ayla Snyder, 2024 2A long jump (16-8<sup>1</sup>/<sub>2</sub>)  
Alexis Hardy, 2023 2A 100m (12.39)  
Alexis Hardy, 2023 2A 200 (25.60)  
Addie Cohen, 2023 2A 800 (2:19.49)  
Addie Cohen, 2023 2A 1600 (5:18.32)  
Addie Cohen, 2023 2A 3200 (11:41.79)  
2023 2A 4x100 relay (50.43)  
Ayla Snyder, Alexis Hardy,  
Aliah Contreras, Georgia Delucas  
Cadi Hoke, 2022 2A 400 (59.79)  
Addie Cohen, 2022 2A 3200 (11:24.87)  
2022 2A 4x100 relay (50.01)  
Camille Berger, Alexis Hardy,  
Jabrea Flowers, Emily Cassler  
Grace Kuhn, 2021 2A 3200 (11:24.95)  
Cassidy Kuhn, 2016 2A 1600 (5:08.65)  
Cassidy Kuhn, 2016 2A 3200 (10:58.60)  
Madison Pease, 2016 2A 100H (15.70)  
Madison Pease, 2015 2A 100H (16.24)  
2016 2A 4x100 relay (51.57)  
Mia Carson, Caroline Green,  
Ke'ana Flowers, Trinity Ponton  
2016 2A 4x400 relay (4:08.48)  
Cassidy Kuhn, Madison Pease,  
Erin Stephen, Trinity Poton  
2014 2A 4x400 relay (4:01.37)  
Cassidy Kuhn, Tina Bowers,  
Trinity Ponton, Kaitlyn Magrane  
Erin Stephen, 2014 2A 100H (16.67)  
Devi Jagadesan, 2013 2A 1600 (5:12.54)  
Devi Jagadesan, 2013 2A 3200 (11:15.30)  
Carly Shuttlesworth, 2013 2A long jump (17-5 <sup>1</sup>/<sub>2</sub>)  
2010 2A 4x800 relay (9:52.97)  
Casey Fromm, Erika Rist,  
Shelby Strauss, Victoria Cameron  
2005 2A 4x100 relay (50.30)  
Caitlin Moser, Megan Shaddock,  
Claire Kase, Liz Hall  
Claire Abribat, 2004 2A 300H (45.41)  
2004 2A 4x400 relay (4:02.78)  
Gillian Goodrich, Caitlyn Moser,  
Liz Hall, Claire Abribat  
Claire Abribat, 2004 2A triple jump (36-5<sup>1</sup>/<sub>2</sub>)  
Debbie Huss, 2003 2A 800 (2:21.85)  
Debbie Huss, 2003 2A 1600 (5:08.88)  
Debbie Huss, 2003 2A 3200 (10:58.23)  
2003 2A 4x800 relay (9:41.55)  
Ashley Iwanowski, Jessie Schlegel,  
Karen Rogers, Gillian Goodrich  
Debbie Huss, 2002 2A 1600 (5:14.81)  
Amy Huss, 2002 2A 3200 (11:10.26)  
Claire Abribat, 2002 2A 300H (47.60)

### WYOMISSING (cont.)

2002 2A 4x800 relay (9:56.61)  
Karen Rogers, Jessie Schlegel,  
Lauren Shaub, Ashley Iwanowski  
Debbie Huss, 2001 2A 1600 (5:14.81)  
Amy Huss, 2001 2A 3200 (11:20.44)  
2001 2A 4x800 relay (9:43.33)  
Debbie Huss, Caitlin Zacharias,  
Amy Huss, Joanna Sallade  
1996 2A 4x400 relay (4:10.6)  
Tanya Leiby, Jodi Speth,  
Marisa Sturm, Melissa Moser  
Melissa Moser, 1996 2A triple jump (36-2<sup>3</sup>/<sub>4</sub>)  
Adrian Walker, 1995 2A 400 (59.0)  
Melissa Moser, 1995 2A long jump (17-2<sup>3</sup>/<sub>4</sub>)  
Melissa Moser, 1995 2A triple jump (37-3)  
Denise Ulmer, 1990 2A 400 (58.5)  
Kirsten MacDonald, 1989 2A high jump (5-4)  
1988 2A 4x400 relay (4:03.6)  
Chante Brooks, Kristen McDonald,  
Jenny Prutzman, Denise Ulmer  
Kathy Harding, 1988 2A javelin (145-2)





**PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024**

**YORK CATHOLIC (14)**

**Track: 12 Field: 2 Relay: 1**

Taylor Falvey, 2011 2A 3200 (11:24.43)  
Meghan McGowan, 2009 2A 3200 (11:58.30)  
Sarah Bright, 1998 2A 3200 (11:16.8)  
Rebecca Arugunes, 1995 2A 100m (12.0)  
Rebecca Arugunes, 1995 2A 200 (25.8)  
Rebecca Arugunes, 1994 2A 100m (12.0)  
Rebecca Arugunes, 1994 2A 200 (25.2)  
Rebecca Arugunes, 1993 2A 100m (12.19)  
Rebecca Arugunes, 1993 2A 200 (25.4)  
Rebecca Arugunes, 1992 2A 100m (12.4)  
Patty Ferrer, 1988 2A 200 (26.4)  
1988 2A 4x100 relay (49.7)  
Amanda Shaull, Sherry Washington,  
Monique Tobin, Patty Ferrer  
Dana Boyle, 1981 2A discus (129-2)  
Dana Boyle, 1980 2A discus (123-9)

**YORK CO. SCHOOL OF TECHNOLOGY (3)**

**Track: 0 Field: 3 Relay: 0**

Kyrstin Evans, 2016 3A high jump (5-4)  
Renee Arey, 2008 3A javelin (130-2)  
Eva Jansen, 2005 3A long jump (18-1¾)

**YORK HIGH (6)**

**Track: 3 Field: 3 Relay: 0**

Shona Sandlin, 1998 3A 300H (45.2)  
Nichelle Dowling, 1998 3A long jump (17-7½)  
Douglenia Smallwood, 1990 3A long jump (18-6)  
Linda Nelson, 1982 3A 100H (14.89)  
Lisa Bell, 1982 3A long jump (16-9½)  
Monica Woodward, 1979 3A 400 (57.67)

**YORK SUBURBAN (15)**

**Track: 10 Field: 5 Relay: 0**

Lisa Nagorny, 2000 2A 800 (2:18.65)  
Lisa Nagorny, 2000 2A 1600 (5:13.84)  
Lisa Nagorny, 2000 2A 3200 (11:21.39)  
Lisa Nagorny, 1999 2A 800 (2:22.2)  
Lisa Nagorny, 1999 2A 1600 (5:11.7)  
Lisa Nagorny, 1998 2A 800 (2:19.0)  
Lisa Nagorny, 1998 2A 1600 (5:09.3)  
Brooke Davis, 1996 2A 100H (15.0)  
Brooke Davis, 1996 2A high jump (5-4)  
Kristen Renner, 1994 3A 300H (44.7)  
Jenny Pichler, 1991 2A 300H (47.4)  
Monica Heinrich, 1982 2A discus (110-8)  
Yvonne Heinrich, 1980 3A high jump (5-8)  
Yvonne Heinrich, 1979 3A high jump (5-5)  
Yvonne Heinrich, 1978 3A high jump (5-10)

**THE LIST OF ALL-TIME CHAMPIONS  
CONTINUES ON THE NEXT PAGE WITH  
TOTAL CHAMPIONSHIPS**





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### TOTAL CHAMPIONSHIPS

(Relays are considered one championship and co-championships are considered whole championships for the purpose of this category)

- 106: Milton Hershey
- 83: Harrisburg
- 51: Wyomissing
- 43: Boiling Springs  
Carlisle
- 42: Trinity
- 37: J.P. McCaskey
- 36: Annville Cleona
- 35: Camp Hill  
Central Dauphin East
- 33: Chambersburg  
Greenwood
- 31: Hempfield  
Reading  
Schuylkill Valley
- 29: Bermudian Springs
- 28: Cumberland Valley  
Susquehanna Township
- 27: Governor Mifflin
- 25: Eastern York  
Solanco
- 24: Delone Catholic  
East Juniata  
Garden Spot  
Kutztown  
Spring Grove
- 23: Scotland School
- 22: Bishop McDevitt  
Manheim Township
- 21: Palmyra  
Penn Manor  
Warwick

### TOTAL CHAMPIONSHIPS

(Relays are considered one championship and co-championships are considered whole championships for the purpose of this category)

- 20: Greencastle Antrim  
Red Lion  
Wilson
- 19: Lancaster Catholic
- 18: Donegal
- 17: Oley Valley  
Tulpehocken
- 16: South Western
- 15: Northern  
York Suburban
- 14: Cedar Cliff  
Cedar Crest  
Lampeter Strasburg  
Twin Valley  
York Catholic
- 13: Lower Dauphin  
Mechanicsburg
- 12: Dallastown  
Dover  
Fairfield  
Hershey
- 11: Biglerville  
Central Dauphin  
Cocalico  
Fleetwood  
Manheim Central
- 10: Ephrata  
Red Land  
Susquenita  
West York
- 9: East Pennsboro  
Holy Name  
Middletown
- 8: Central York  
Conestoga Valley  
New Oxford

### TOTAL CHAMPIONSHIPS

(Relays are considered one championship and co-championships are considered whole championships for the purpose of this category)

- 7: Northern Lebanon  
Shippensburg  
West Perry
- 6: ELCO  
Elizabethtown  
Littlestown  
Millersburg  
Muhlenberg  
York High
- 5: Hanover  
Harrisburg Christian School  
Lebanon
- 4: Big Spring  
Columbia  
Daniel Boone  
James Buchanan  
Lancaster Mennonite  
Susquehannock  
Upper Dauphin
- 3: Berks Catholic  
Berks Christian  
Central Catholic  
Conrad Weiser  
Exeter Township  
Hamburg  
York County Technology
- 2: Boyertown  
Gettysburg  
Kennard Dale  
Waynesboro
- 1: Dayspring Christian Academy  
Lititz Christian School  
Northeastern





## PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

### TOTAL TRACK EVENT CHAMPIONSHIPS

Relays are considered one championship and co-championships are considered whole championships for the purpose of this category

\*-Denotes all of a school's District III Track & Field championships are in this category

- 85: Milton Hershey
- 67: Harrisburg
- 43: Wyomissing
- 35: Boiling Springs
- 30: Carlisle
- 27: Central Dauphin East
- 26: Camp Hill  
J.P. McCaskey  
Trinity
- 24: Cumberland Valley
- 22: Reading  
Susquehanna Township
- 20: Scotland School
- 19: Spring Grove
- 18: Chambersburg  
Schuylkill Valley  
Solanco
- 17: Anville-Cleona  
Delone Catholic  
Eastern York
- 16: Hempfield  
Kutztown  
Manheim Township  
Penn Manor  
Warwick
- 15: Bishop McDevitt  
Governor Mifflin
- 13: Wilson

### TOTAL TRACK EVENT CHAMPIONSHIPS

Relays are considered one championship and co-championships are considered whole championships for the purpose of this category

\*-Denotes all of a school's District III Track & Field championships are in this category

- 12: Cedar Cliff  
Greencastle Antrim  
York Catholic
- 11: Lancaster Catholic  
Oley Valley
- 10: Dover  
Northern  
South Western  
York Suburban
- 9: Garden Spot
- 8: Cedar Crest  
Holy Name  
Lampeter Strasburg  
Lower Dauphin  
Palmyra  
West York
- 7: Conestoga Valley  
Fairfield  
Greenwood  
Hershey  
Northern Lebanon\*  
Red Lion  
Shippensburg\*
- 6: Bermudian Springs  
Dallastown  
ELCO\*  
Mechanicsburg  
Twin Valley
- 5: Biglerville  
Donegal  
East Pennsboro  
Harrisburg Christian\*  
Manheim Central  
Susquenita  
Tulpehocken

### TOTAL TRACK EVENT CHAMPIONSHIPS

Relays are considered one championship and co-championships are considered whole championships for the purpose of this category

\*-Denotes all of a school's District III Track & Field championships are in this category

- 4: Big Spring\*  
Central York  
Elizabethtown  
Ephrata  
Lancaster Mennonite\*  
Middletown  
Muhlenberg  
New Oxford  
West Perry
- 3: Berks Christian\*  
Cocalico  
Hamburg\*  
Lebanon  
Littlestown  
Red Land  
Upper Dauphin  
York High
- 2: Boyertown\*  
Central Catholic  
Columbia  
Conrad Weiser  
Exeter Township  
Hanover  
James Buchanan
- 1: Central Dauphin  
Daniel Boone  
Lititz Christian\*  
Millersburg  
Northeastern\*  
Susquehannock  
Waynesboro





# PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024

## TOTAL FIELD EVENT CHAMPIONSHIPS (Co-championships are considered whole championships for the purpose of this category)

\*-Denotes all of a school's District III Track & Field championships are in this category

- 26: Greenwood
- 24: East Juniata\*
- 23: Bermudian Springs
- 21: Milton Hershey
- 19: Annville Cleona
- 16: Harrisburg  
Trinity
- 15: Chambersburg  
Garden Spot  
Hempfield
- 13: Carlisle  
Donegal  
Palmyra  
Red Lion  
Schuylkill Valley
- 12: Governor Mifflin  
Tulpehocken
- 11: Fleetwood\*  
J.P. McCaskey
- 10: Central Dauphin
- 9: Camp Hill  
Reading
- 8: Boiling Springs  
Central Dauphin East  
Cocalico  
Eastern York  
Greencastle Antrim  
Kutztown  
Lancaster Catholic  
Twin Valley  
Wyomissing

## TOTAL FIELD EVENT CHAMPIONSHIPS (Co-championships are considered whole championships for the purpose of this category)

\*-Denotes all of a school's District III Track & Field championships are in this category

- 7: Bishop McDevitt  
Delone Catholic  
Mechanicsburg  
Red Land  
Solanco  
Wilson
- 6: Biglerville  
Dallastown  
Ephrata  
Lampeter Strasburg  
Manheim Central  
Manheim Township  
Oley Valley  
South Western  
Susquehanna Township
- 5: Fairfield  
Hershey  
Lower Dauphin  
Middletown  
Millersburg  
Northern  
Penn Manor  
Spring Grove  
Susquenita  
Warwick  
York Suburban
- 4: Cedar Crest  
Central York  
Cumberland Valley  
East Pennsboro  
New Oxford
- 3: Berks Catholic\*  
Daniel Boone  
Hanover  
Littlestown  
Scotland School  
Susquehannock  
West Perry  
York County Technology\*  
York High

## TOTAL FIELD EVENT CHAMPIONSHIPS (Co-championships are considered whole championships for the purpose of this category)

\*-Denotes all of a school's District III Track & Field championships are in this category

- 2: Cedar Cliff  
Columbia  
Dover  
Elizabethtown  
Gettysburg\*  
James Buchanan  
Kennard Dale\*  
Lebanon  
Muhlenberg  
West York  
York Catholic
- 1: Central Catholic  
Conestoga Valley  
Conrad Weiser  
Dayspring Christian Academy\*  
Exeter Township  
Holy Name  
Upper Dauphin  
Waynesboro







**PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS ALL-TIME CHAMPIONS 1974-2024**

**TOTAL RELAY CHAMPIONSHIPS**

(Relays are considered one championship and co-championships are considered whole championships for the purpose of this category)

- 37: Milton Hershey
- 20: Harrisburg
- 16: J.P. McCaskey
- 13: Trinity  
Wyomissing
- 12: Boiling Springs  
Carlisle
- 11: Fleetwood  
Warwick
- 9: Cumberland Valley
- 8: Susquehanna Township
- 7: Camp Hill  
Central Dauphin East  
Hempfield  
Scotland School
- 6: Bishop McDevitt  
Dover  
Solanco
- 5: Annville Cleona  
Delone Catholic  
Lancaster Catholic  
Manheim Township  
Penn Manor  
South Western
- 4: Cedar Cliff  
Manheim Central  
Palmyra  
Wilson
- 3: Chambersburg  
Lampeter Strasburg  
Reading

**TOTAL RELAY CHAMPIONSHIPS**

(Relays are considered one championship and co-championships are considered whole championships for the purpose of this category)

- 2: Cedar Crest  
East Pennsboro  
Eastern York  
Fairfield  
Governor Mifflin  
Greenwood  
Oley Valley  
Red Lion  
Schuylkill Valley  
Twin Valley
- 1: Biglerville  
Conestoga Valley  
Dallastown  
Daniel Boone  
Donegal  
ELCO  
Elizabethtown  
Exeter Township  
James Buchanan  
Kutztown  
Littlestown  
Northern  
Northern Lebanon  
Red Land  
Spring Grove  
Susquenita  
West York  
York Catholic

